
Strategy 1: Reflections on Experience and Identification Immediate Concerns

How would you describe your experience at UB thus far? Why?

Are there any specific concerns at the forefront of your mind right now? How may these concerns affect you as a student?

Strategy 2: General Semester Planning

- Discuss utilizing Syllabi and semester planner
- Discuss allocation of time for coursework and weekly planner

Strategy 3: Identifying Support Network

	Who or where will you go to for support...	How will you reach out for support?
With Classes? Are there specific people or places for specific classes?		
With your personal wellbeing?		
Other:		

Strategy 4: Tasks that will Support Success

To Do Item	Why?	By When?	How? (emphasize first step)