



A Comprehensive Approach to Advising the Undecided Student

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SUNY Cortland Profile

- Total enrollment: 6,304/596
- Pre-Major (undecided): 294
- Undergraduate majors: 64
- Academic departments: 27
 - Faculty advisors
 - declared majors

Advisement and Transition

- Professional advising
- Orientation
- COR 101: The Cortland Experience
- PASS/Early Alert
- Transfer Student Services
- Transfer Credit Evaluation
- Transfer Mobility Advisor
- Graduate and Non-Traditional Student Support

Pre-Major Students

1. True undecided
2. Academically dismissed from major
 - Early Childhood and Childhood Education
 - Athletic Training
3. Yet to achieve major requirements
 - Sport Management
 - Speech and Hearing Sciences
 - Childhood and Early Childhood Education
 - Community Health

Resources

Learning Communities

Learning Community Options

AP/Transfer Credit if applicable

Building Community through Recreation

Learning (IN) Deed

Earth and Environment

Molecular World

Exploring Education

Play Across Cultures

Happiness and Society

Social Issues in Sport

Human Communication

Tech First! Planet Earth

Leadership for Social Change

World First

2016 Course Preference Form
Major: PRE - MAJOR

Student: _____

CID: _____

Major: _____

Phone Number: _____

Email: _____

Session: _____

Learning Community Options

AP/Transfer Credit if applicable

- | | |
|---------------------------------------|--------------------------|
| Building Community through Recreation | Learning (IN) Deed |
| Earth and Environment | Molecular World |
| Exploring Education | Play Across Cultures |
| Happiness and Society | Social Issues in Sport |
| Human Communication | Tech First! Planet Earth |
| Leadership for Social Change | World First |

General Education Courses

GE 1 Quantitative Skills	1 st choice	2 nd choice	3 rd choice	4 th choice	5 th choice
GE 2 Natural Sciences	1 st choice	2 nd choice	3 rd choice	4 th choice	5 th choice
GE 4 United States History and Society <small>If you have an 84 or lower on your NYS American History Regents, choose either HIS 200, HIS 201 or SOC 100</small>	1 st choice	2 nd choice	3 rd choice	4 th choice	5 th choice
GE 6 Contrasting Cultures	1 st choice	2 nd choice	3 rd choice	4 th choice	5 th choice
GE 7 Humanities	1 st choice	2 nd choice	3 rd choice	4 th choice	5 th choice
GE 8 The Arts	1 st choice	2 nd choice	3 rd choice	4 th choice	5 th choice
GE 10 Basic Communication Writing Studies	1 st choice	2 nd choice	Choose between: CPN 100 - 3-credit composition course. CPN 102 - 4-credit composition course that includes a service learning component.		
GE 11 Prejudice and Discrimination	1 st choice	2 nd choice	3 rd choice	4 th choice	5 th choice

Walk-in Wednesdays

- Targeted messages: Email
- No appointment required
- From workshops to walk-in
- Focused topics and tips
- Data
 - Spring 2016: 241
 - Fall 2016: 306

Date	Focused Topic
January 25 *	Drop/Add Review your Degree Audit
February 1	GPA Repair Kit Moving beyond Academic Probation
February 8	GPA Repair Kit Develop an Academic Plan
February 15	Change of Major
February 22	Change of Major
March 1	Course Withdrawal Decisions Considering a 4 th Quarter Course?
March 8	Confused and Questioning your Academic Future at SUNY Cortland? Make the Most of Your Advising Meeting
March 22	Prepare for your Appointment with your Academic Advisor Permission to Transfer Credit
March 29	Review your Mid-Semester Estimates Advisement and Registration Questions (Transfer Students) Transfer Day!
April 5 *	Permission to Transfer Credit Options for summer credit Advisement and Registration Questions (Non-Traditional and Graduate Students)
April 12 *	Course Withdrawal Decisions Advisement and Registration Questions
April 19	Considering Transferring? Talk to an Advisor First Review your Degree Audit
April 26	Develop an Academic Plan
May 3	Review your Degree Audit

Walk-in Wednesday

Today's Topics:
GPA Repair Kit
AND
Develop an Academic Plan

*Speak with an academic advisor * Get answers to advising questions *
Access Resources * Research potential majors*

Advising Tip

Start attending SI or PLTL programs now! This way you will constantly review the material for class and be more prepared for tests later in the semester.

ADV 200: Major and Career Exploration

- Major and career exploration with an emphasis on:
 - academic and career development theories
 - decision making
 - occupational research
 - self-assessment and reflection

Tips for Choosing your Major Email Series

1. Model
2. Assess Self
3. Identify Options
4. Gather Information
5. Evaluate Options
6. Select and Implement
7. Strategies through Advising

Office Materials & Resources

- Degree Works
- Choosing Your Major and Exploring Careers (binder)
- Major Decisions (packet)
- What Can I do with this Major?
<http://whatcanidowiththismajor.com/major/>
- Web Resources on Advisement and Transition
<http://www2.cortland.edu/dotAsset/291bc1f0-5c37-4b4a-87bf-e4b4d5451463.pdf>
- Referral card

Referral Card

Connecting to Campus Resources

I should contact:

Phone numbers are 607-753 – (extension listed)

- Academic Peer Mentor (Residence Halls)
- Advisement and Transition (Library) ext. 4726
- A.S.A.P. (V H B205) ext. 4309
- Associate Dean:
 - Arts & Sciences (Old Main 125) ext.4314
 - Education (Education Bldg 1239) ext.5431
 - Professional Studies (PRST Bldg 1175) ext. 2702
- Career Services (V H B5) ext.4715
- Counseling Center (V H B44) ext.4728
- Department Chair _____
- Financial Aid (Miller Bldg 205) ext.4717
- International Programs (Old Main 219) ext.2209
- Professor _____
Office Hours: _____
- Other _____

regarding:

- Academic assistance: Course _____
- Career interest inventory
- College Student Inventory (CSI) results
- Financial assistance
- Information about possible major(s)
- Leave of absence/withdrawal from institution
- Library research information
- Personal issues
- STAR – NY: Online tutoring
- Study Abroad exploration
- Supplemental Instruction
- Time management and learning strategies
- Transfer credit
- Tutoring
- Withdrawal from a course
- Writing papers
- Other _____

Things I want to ask:

Next steps:

I am doing the following to be engaged in my academic success:

- Checking Blackboard
- Reviewing Syllabus
- Checking Cortland Email
- Responding to PASS outreach email
- Reviewing mid-semester estimates
- Reviewing College Catalog to be
knowledgeable about degree requirements
- Reviewing my degree audit
- Understand how to calculate my GPA

Recommended by (please print) _____

Date _____



#MajorMonday

African American Studies



- Focus on independent research by presenting at national conferences or co-authoring scholarly papers
- Study abroad in Ghana and Kenya
- Career possibilities: business, government, education, media

#MajorMonday



Social Philosophy



- Develops critical thinking, problem solving and communication skills
- Career possibilities: law, education, government, media, software design
- The only social philosophy major offered in the SUNY system

#MajorMonday



Barriers

Obstacles When Choosing a Major

- Course availability
- Appropriate major
 - Physical Therapy
 - Occupational Therapy
 - Business Management
- Athletics
- No aid – no change!
- Parent approval
- Inconsistent deadline

Completed Credit Hours

- Transfer credit totals
 - AP, IB, CLEP
 - Dual enrollment
- 30+ Letter and post card
- Loss of financial aid after 56.5 completed credit hours

Relationship Myths between Majors and Careers

1. When you choose your major, you're choosing your career.
2. If you want to continue your education after college graduation, you must continue in the same field as your college major.
3. Since most college graduates are employed in business organizations or corporations, you should major in business.

The following material has been excerpted from Cuseo, et al. (2016), *Thriving in College & Beyond: Research-Based Strategies for Academic Success and Personal Development*. (4th ed.). Dubuque, IA: Kendall Hunt.

Celebrate!

I declared!

Cortland SUNY

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Wrap-up

Take Away

- Email and communication
- Major Decisions packet
- Social media
- Referral card
- Exploration binder

Questions?

Questions for you!

- What are others doing on their campuses to assist undecided students?
- What are some best practices that we should be identifying?
- What are your students responding to?
 - Workshops?
 - Walk-ins?
 - Individual appointments?

Contact Us!

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Advisement and Transition

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Cortland, NY 13045

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