

Erie County Ogsiate Epidemiic Task Force: Family & Consumer Support and Advocacy Section







RAPID
EVALUATION &
APPROPRIATE
PLACEMENT
(REAP)

FAMILY &
CONSUMER,
SUPPORT
ADVOCACY
SECTION

HEROIN OPIATE
PREVENTION
ENGAGEMENT
PROJECT
(HOPE)

PROVIDER
EDUCATION
&
POLICY REFORM

HOSPITALS & EMERGENCY DEPARTMENTS

NALOXONE Access TREATMENT PROVIDERS

Daniel J. Rinaldo NYNJ High Intensity Drug Trafficking Area (HIDTA)

Debra Smith

Barbara Burns
Public Affairs
Officer
US Attorney's
Office
Western Region
of NY

Dr. Gale Burstein
Erie County
Commissioner of
Health
&
Dr. Paul Updike
Medical Director
STAR Program
Catholic Health

Elizabeth
Franzek, MD
Attending
Physician,
VA WNY
Healthcare
System,
Emergency
Department

Cheryll Moore Medical Care Administrator Erie County Department of Health

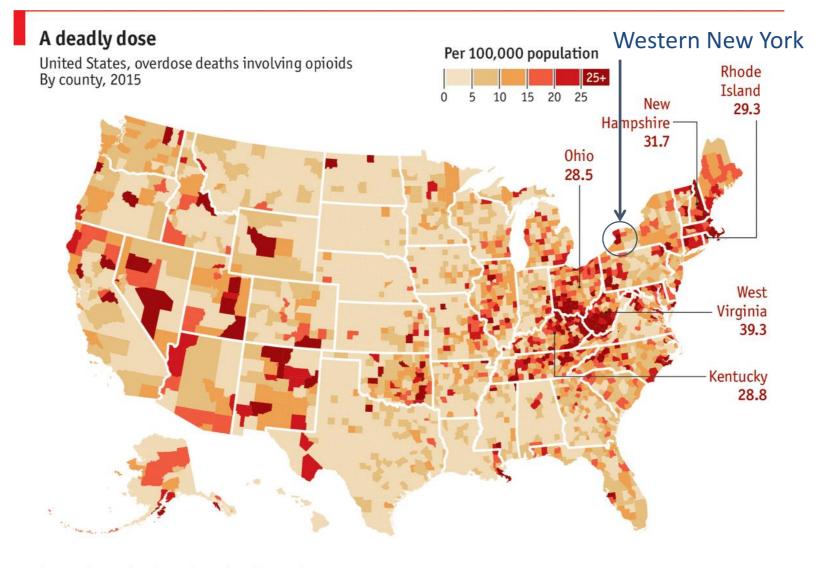
Michael Ranney Erie County Commissioner Of Mental Health

CROSSFUNCTIONAL COLLABORATION THROUGHOUT CONTINUUM

#### Task Force Mission:

To provide a framework for organizations and individuals from across the opiate overdose continuum to collaborate, develop, and share best practices through timely sharing of information to assist individuals and their loved ones fighting the disease of addiction and to undertake prevention efforts that educate the community on the dangers of addiction.

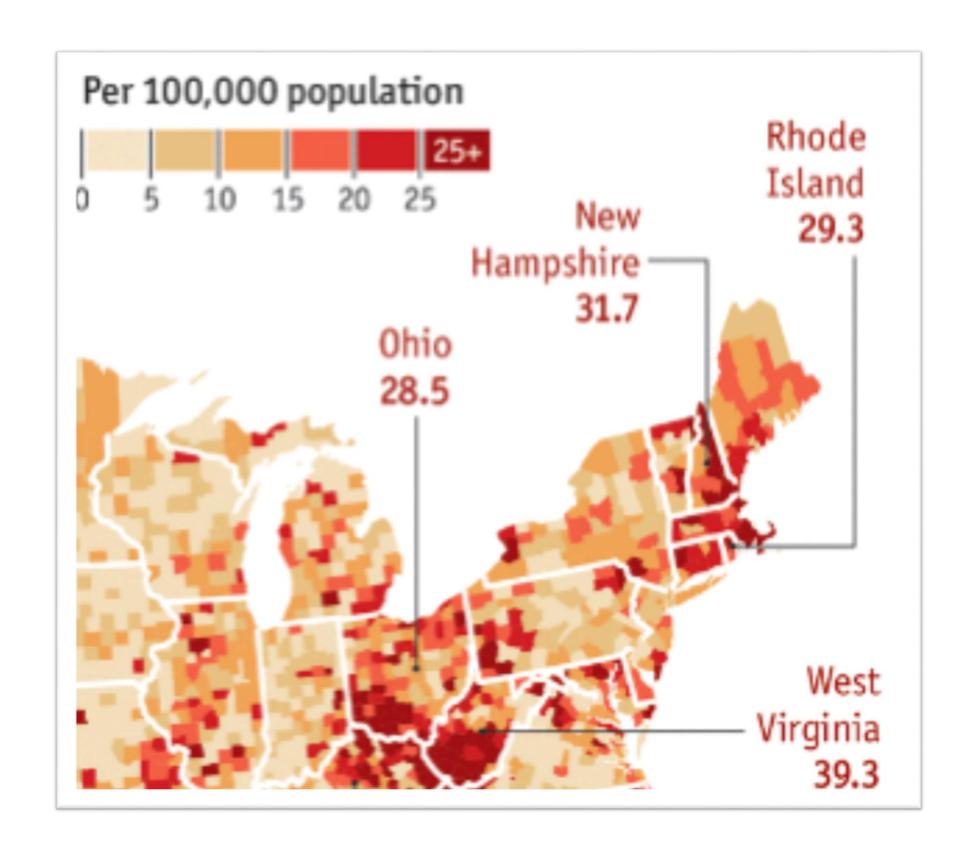
### We Are Not Unique: The National Picture



Source: Centres for Disease Control and Prevention

Economist.com

Taken from The Economist, March 6 2017.





## Opioid Overdose Prevention Training

ERIE COUNTY
DEPARTMENT OF HEALTH





#### Welcome & Thank You

Introduction of Trainers

Cheryll Moore Erie County Department of Health

# Learning Objectives

### WHY ARE WE HERE?

### Learning Objectives

The Opioid Epidemic in Erie County today - what happened?

Signs and symptoms of an opioid overdose

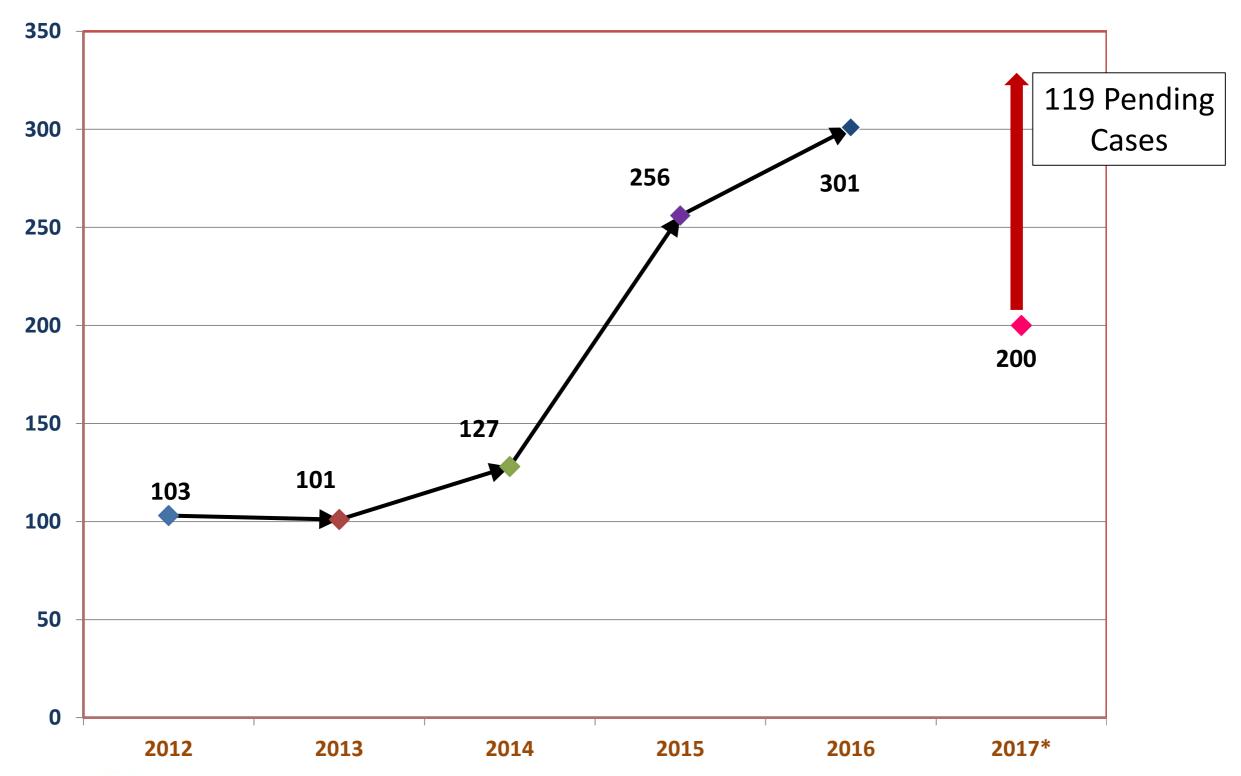
**Good Samaritan Law** 

**ESAP** and **SEP** 

Use of Narcan (naloxone) to reverse an overdose

Reporting and follow up

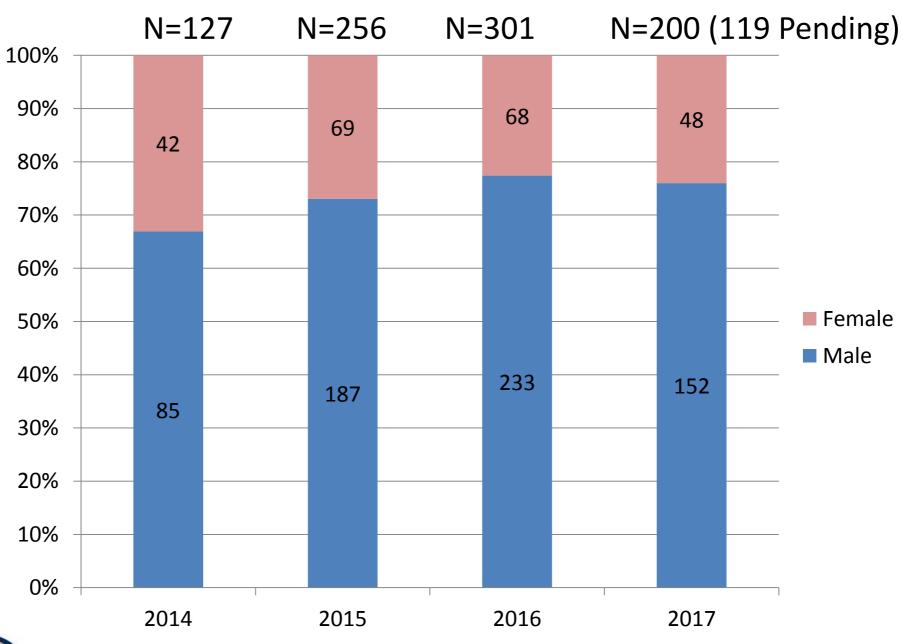
## 2012 – 2017\* OPIOID DEATHS ERIE COUNTY



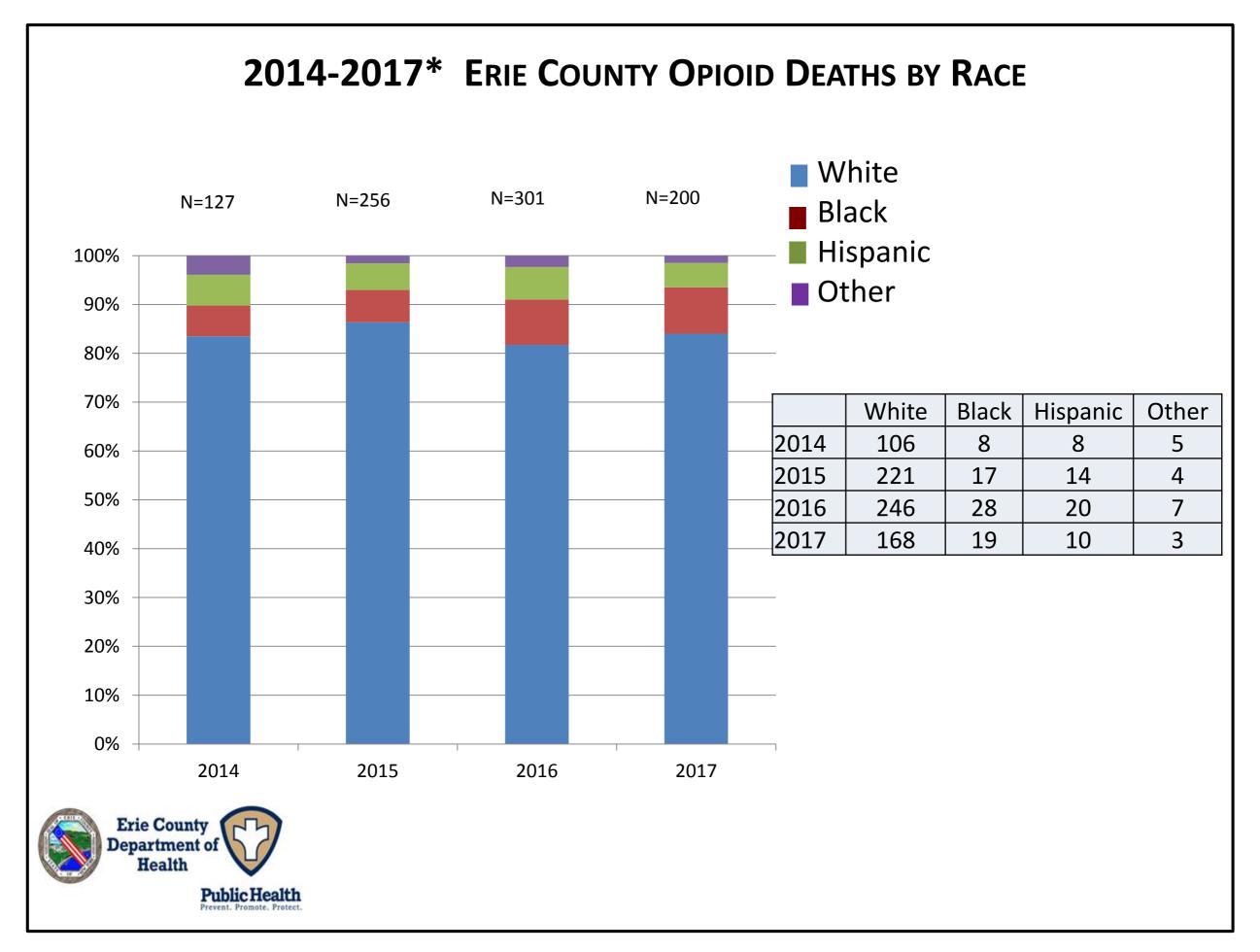


Source: Erie County Medical Examiners Office, \*Closed Cases Reported thru 1/23/2018

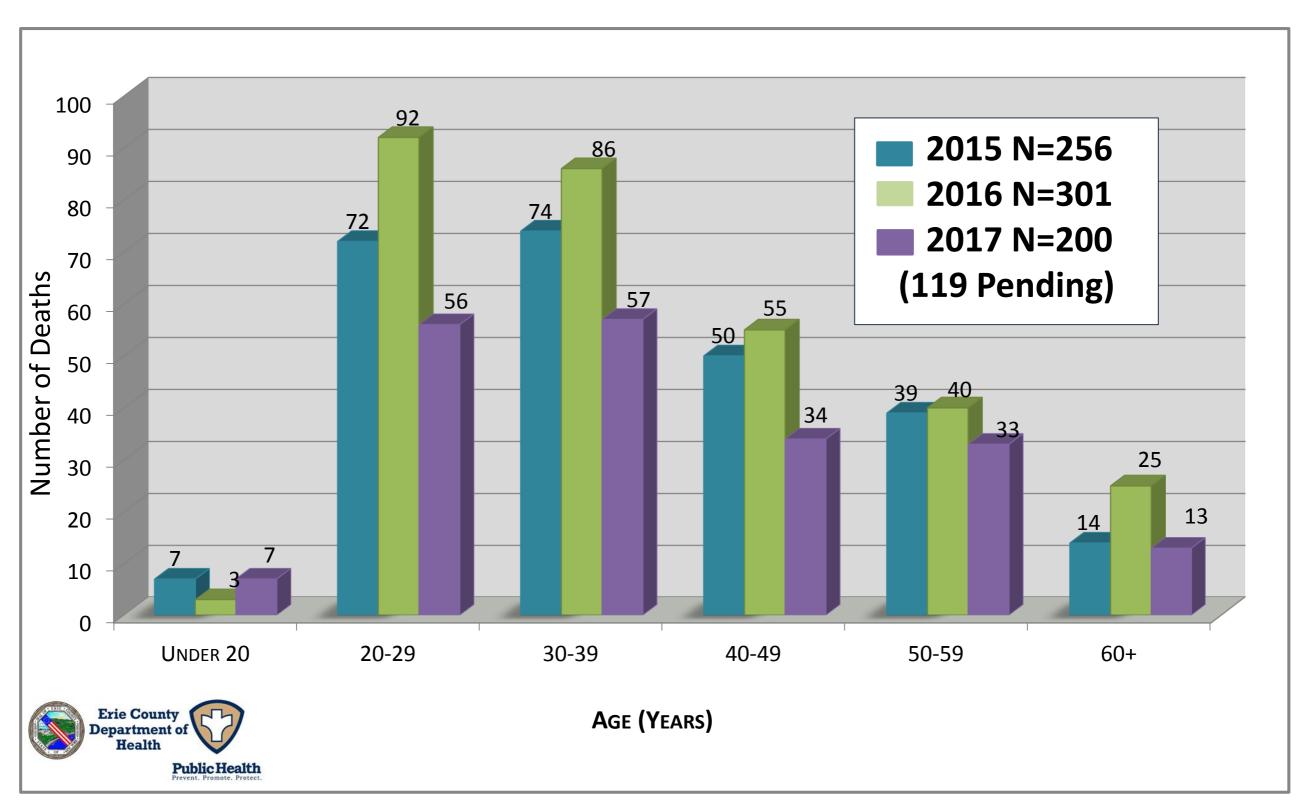
# 2014 – 2017\* ERIE COUNTY OPIOID DEATHS BY GENDER







## 2015 – 2017\* ERIE COUNTY OPIOID DEATHS BY AGE AND YEAR



Source: Erie County Medical Examiners Office, \*Closed Cases Reported thru 1/23/2018

#### 2016 CENSUS ESTIMATES FOR ERIE COUNTY, NEW YORK

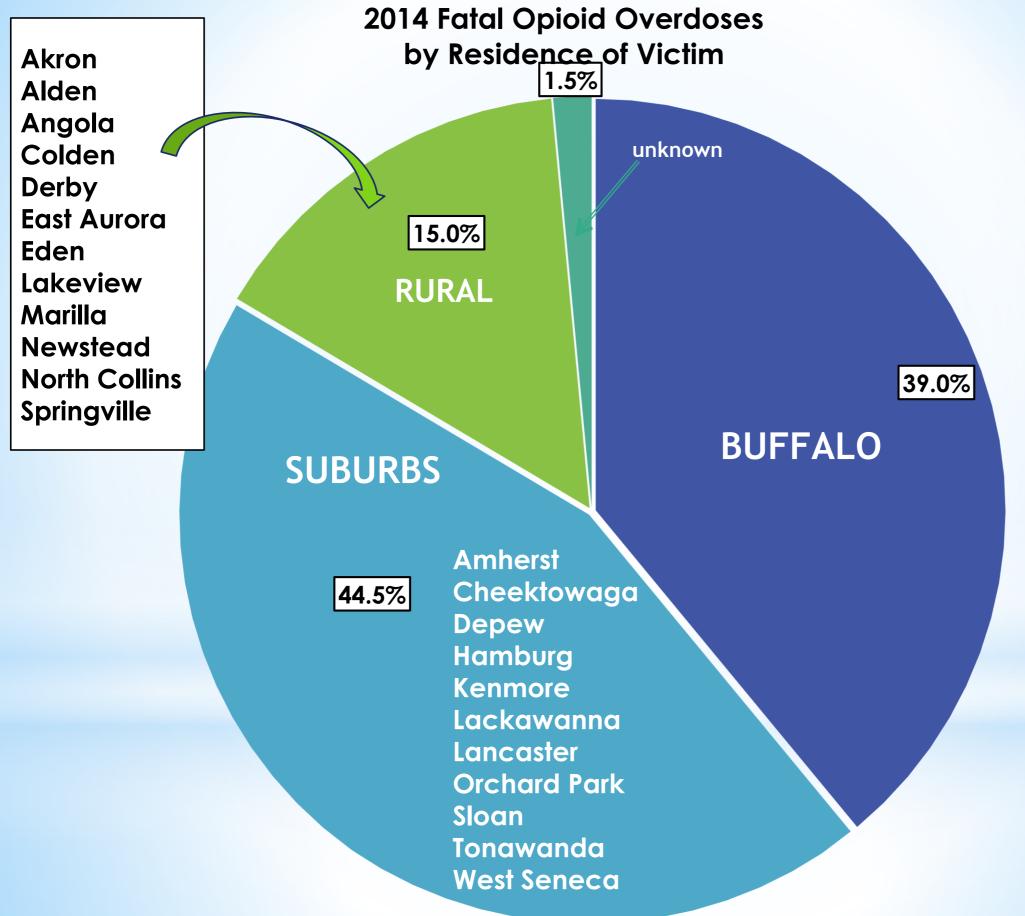
		i
	Number	Percent
Total Population	921,046	100
Race		
White	744,511	80.8
Black or African American	133,536	14.5
Asian or Pacific Islander	35,375	3.8
American Indian or Alaska Native	7,624	0.8
Ethnicity		
Hispanic or Latino	49,008	5.3
Not-Hispanic or Latino	872,038	94.7
Gender		
Female	474,770	51.5
Male	446,276	48.5
Age		
15-19	59,656	6.5
20-29	132,818	14.4
30-39	112,221	12.2
40-49	108,139	11.7
50-59	135,275	14.7
60-69	112,730	12.2
70+	106,279	11.5

#### 2017 Opioid Statistics

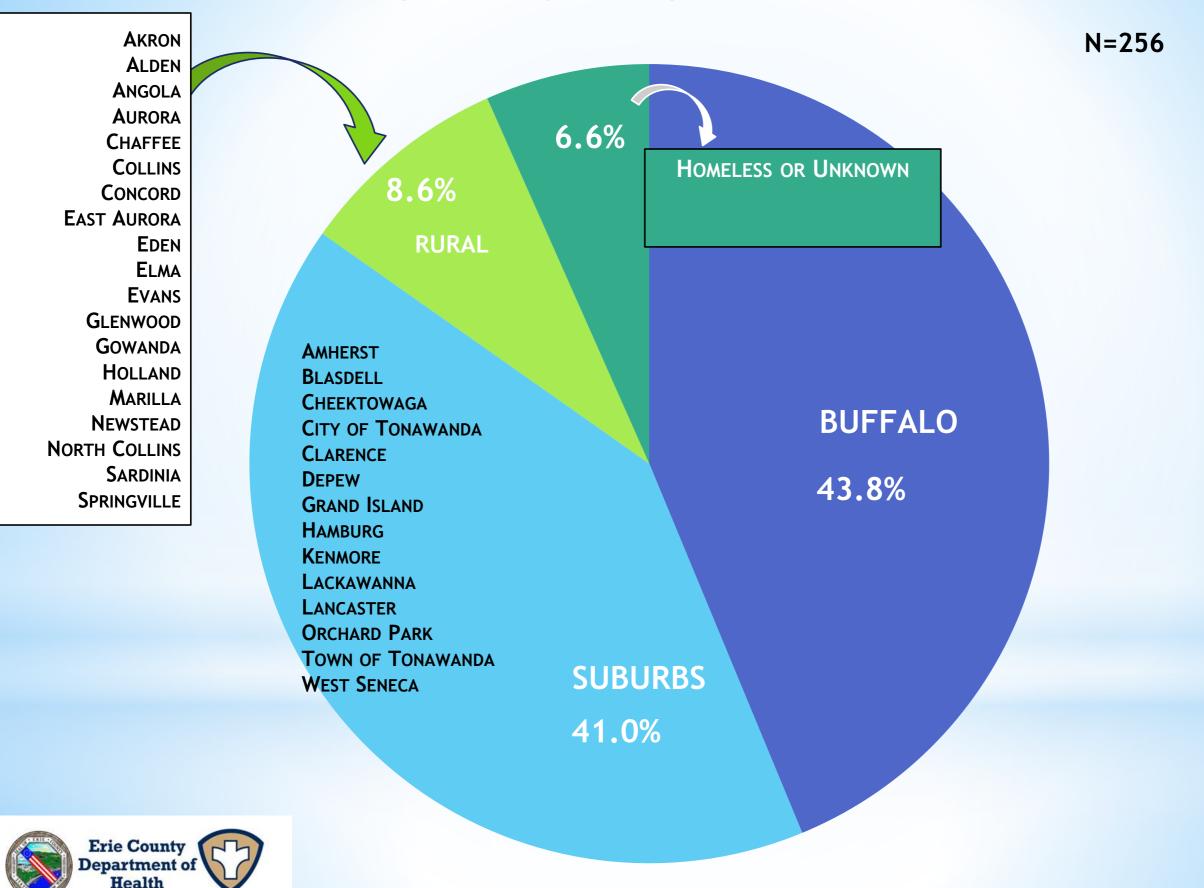
83% of Opioid Deaths are White 10% of Opioid Deaths are Black

76% of Opioid Deaths are Male

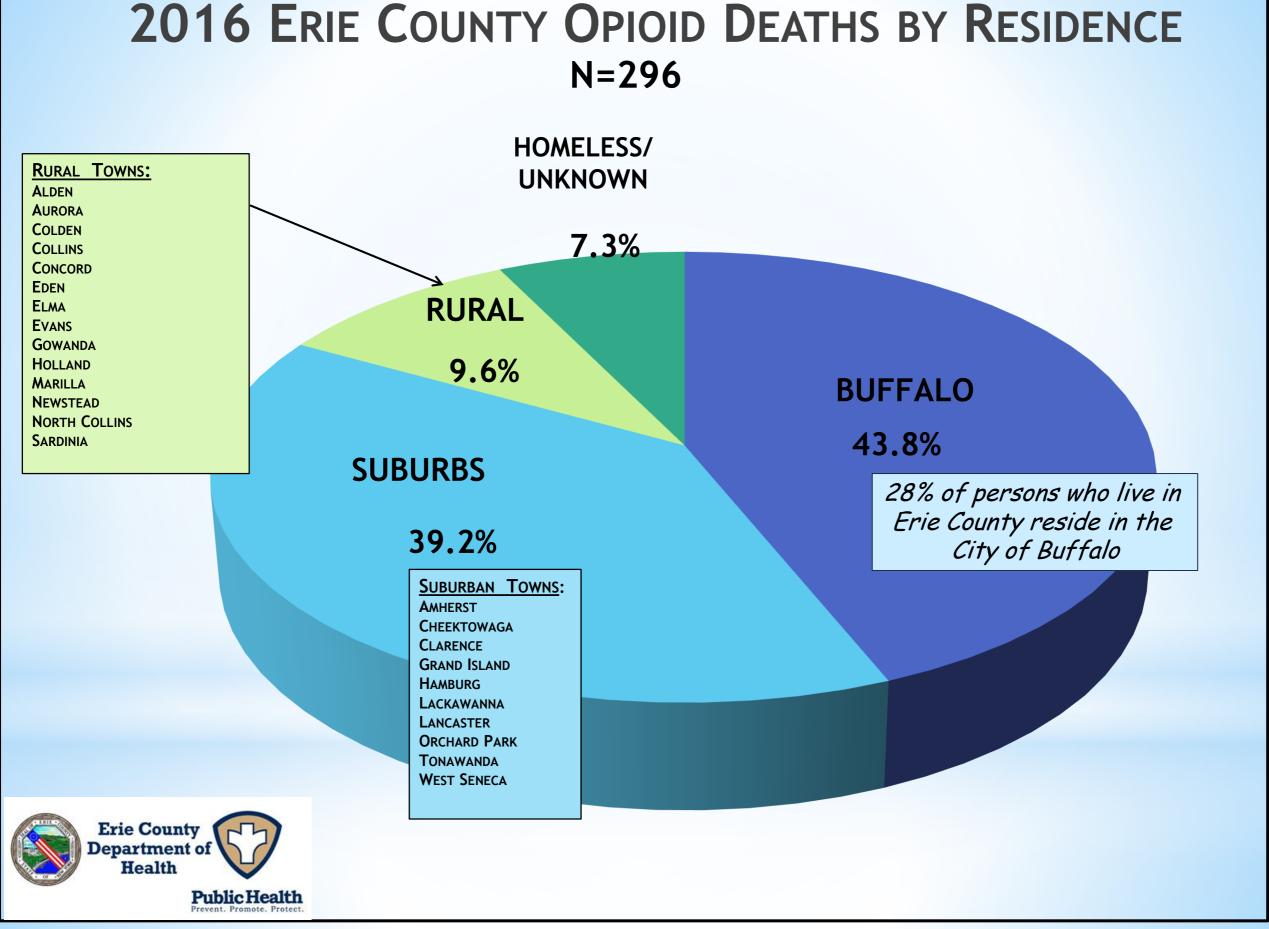
57% of Opioid Deaths are between 20-39 years of age

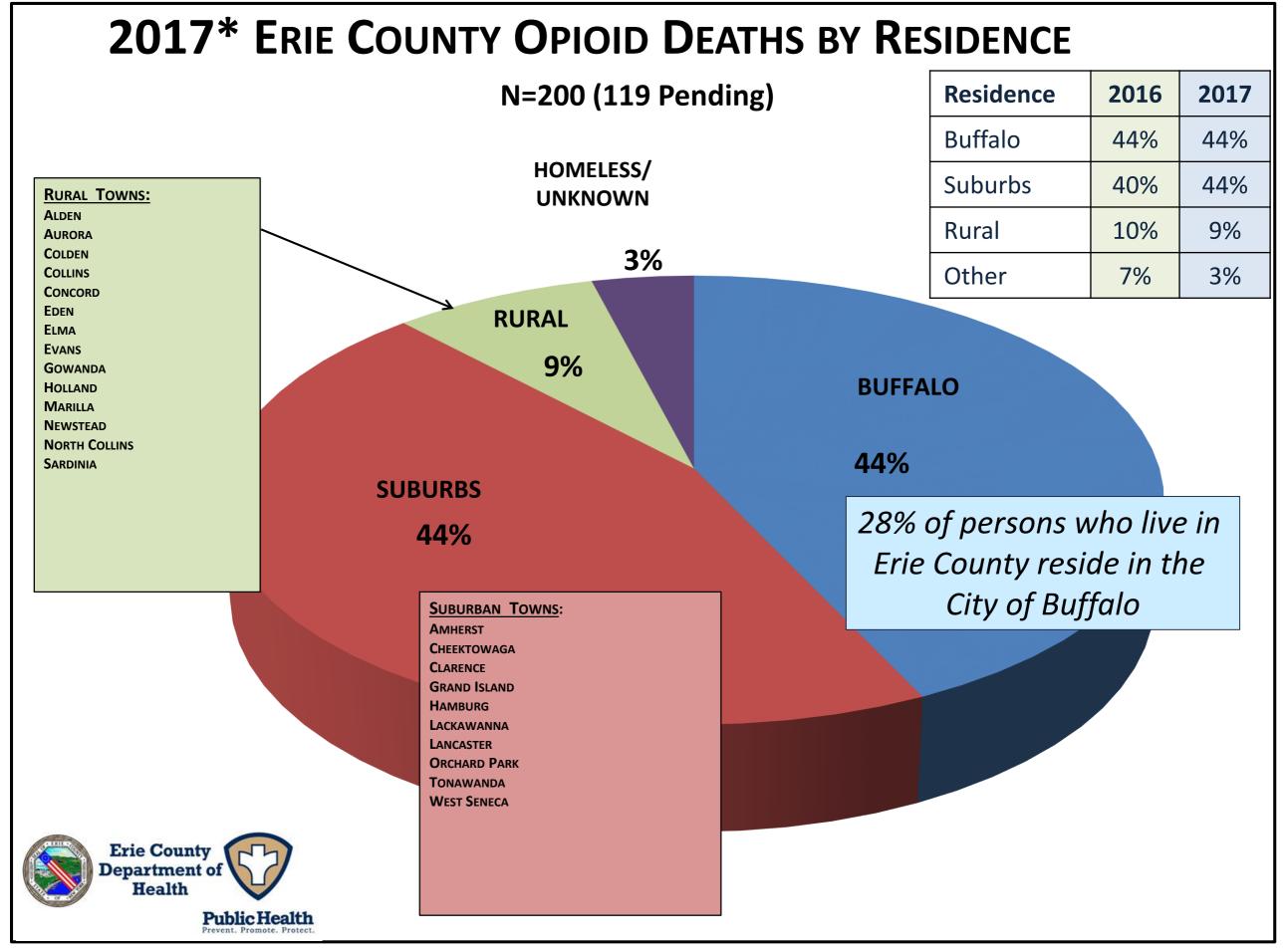


#### 2015 ERIE COUNTY OPIOID OVERDOSE DEATHS BY RESIDENCE

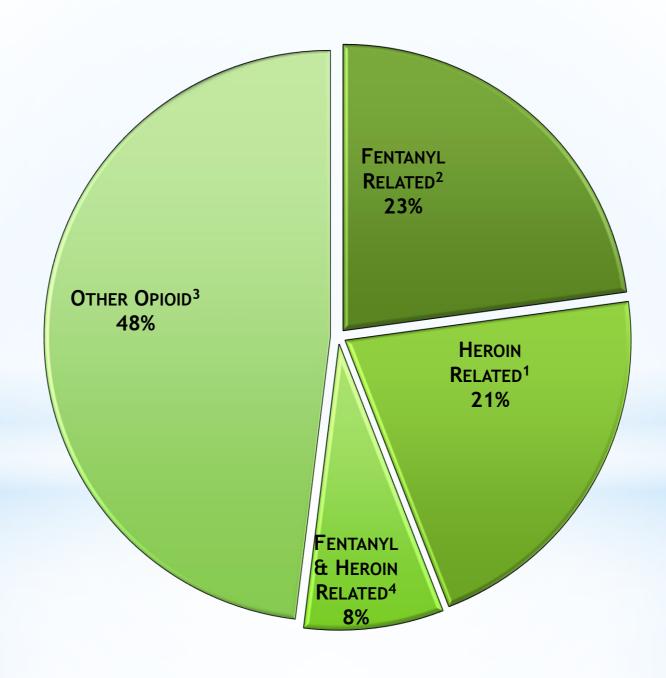


**Public Health** 





#### ERIE COUNTY OPIOID RELATED DEATHS BY TYPE OF OPIOID



2014 N=127

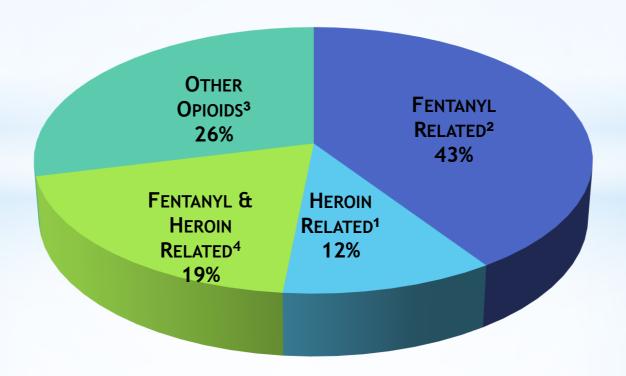


- <sup>1</sup> No Fentanyl; possible other drugs involved
- <sup>2</sup> No Heroin; possible other drugs involved
- <sup>3</sup> No Fentanyl or Heroin; possible other drugs involved
- <sup>4</sup> Possible other drugs involved

Source: Erie County Medical Examiners Office, Closed Cases

# 2015 ERIE COUNTY OPIOID RELATED DEATHS BY TYPE OF OPIOID

2015 N=256

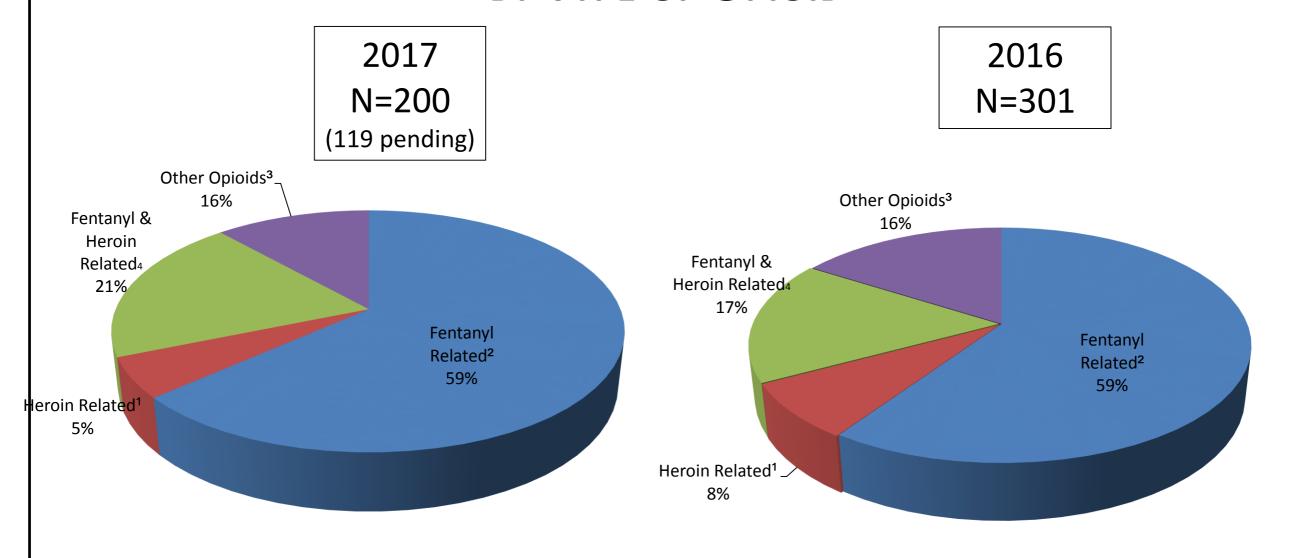




- 1 NO FENTANYL; POSSIBLE OTHER DRUGS INVOLVED
- <sup>2</sup> No Heroin; possible other drugs involved
- 3 NO FENTANYL OR HEROIN; POSSIBLE OTHER DRUGS INVOLVED
- <sup>4</sup> Possible other drugs involved

SOURCE: ERIE COUNTY MEDICAL EXAMINERS OFFICE, CLOSED CASES REPORTED THRU 8/7/2017

# 2016 AND 2017\* ERIE COUNTY OPIOID RELATED DEATHS BY TYPE OF OPIOID





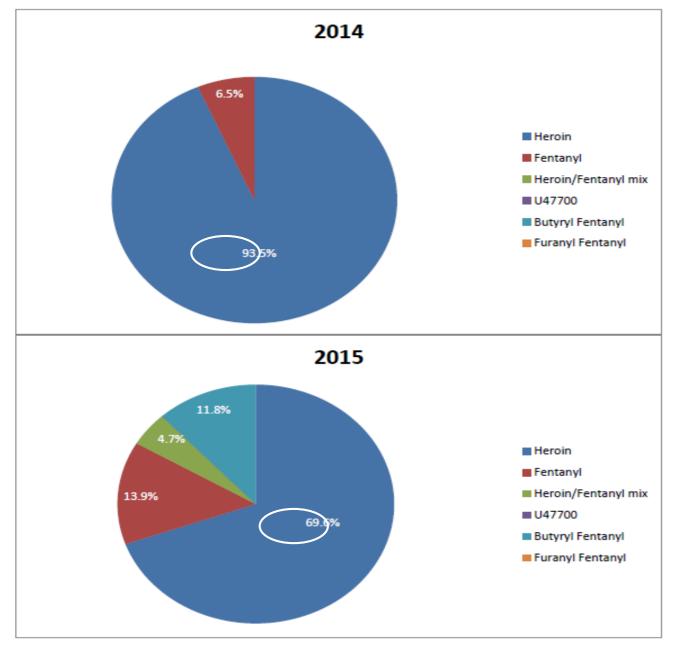
<sup>&</sup>lt;sup>1</sup> No Fentanyl; possible other drugs involved

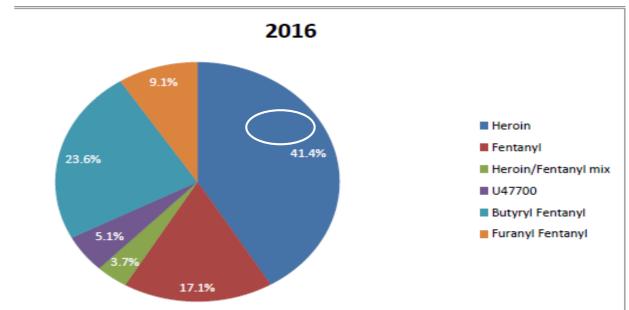
<sup>&</sup>lt;sup>2</sup> No Heroin; possible other drugs involved

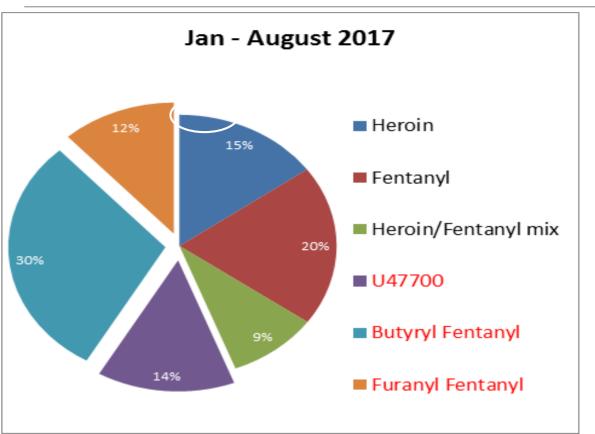
<sup>&</sup>lt;sup>3</sup> No Fentanyl or Heroin; possible other drugs involved

<sup>&</sup>lt;sup>4</sup> Possible other drugs involved

#### Opioid Identification at the Erie County CPS Forensic Lab



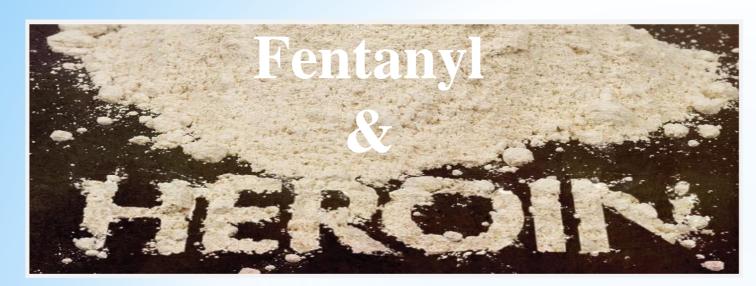




## Historical Perspective on Problem

- Opium poppy cultivated in Mesopotamia in 3400 BC.
   Referred to as the "joy plant"
- 1803: Active ingredient of opium identified-morphine
- 1895: Heroin, diacetylmorphine is synthesized and marketed by Bayer as a medication with less side effects than morphine
- Early 20<sup>th</sup> century: increases in morbidity
- associated with opioids leads to many countries passing laws restricting their use
- Harrison Narcotics Tax Act 1914





- Readily available in WNY area
  - Comes in various forms usually a beige or white powder
- Low Price
  - Average \$5-10 per bag (\$50-100 per "bundle")
  - Less expensive than Prescription pills such as OxyContin, Opana, or Vicodin which sell for \$10, \$20, \$40, \$60, or \$80 per pill (\$1/mg)
- High Purity & Deadly Combination with Synthetic Fentanyl
  - Powerful Opioid Leads to Overdose Deaths
  - Can be Snorted/Inhaled or Injected









## Heroin Forms













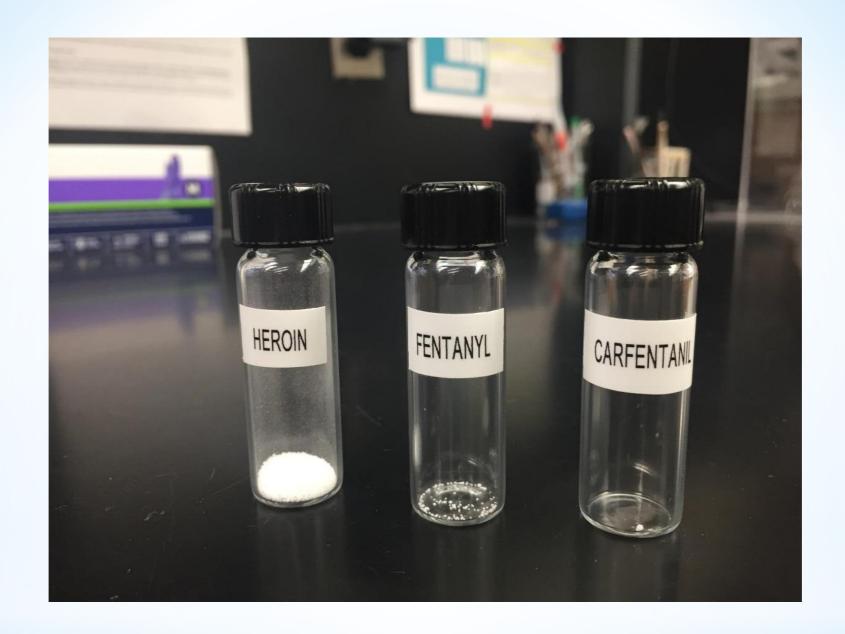
## **TODAY**



### Lethal Amounts of Heroin vs Fentanyl



Source: PBS.org Photo from New Hampshire State Police Forensic Lab



# Lethal amounts of Heroin, Fentanyl, and Carfentanil compared

Source: New Hampshire Public Radio/ New Hampshire

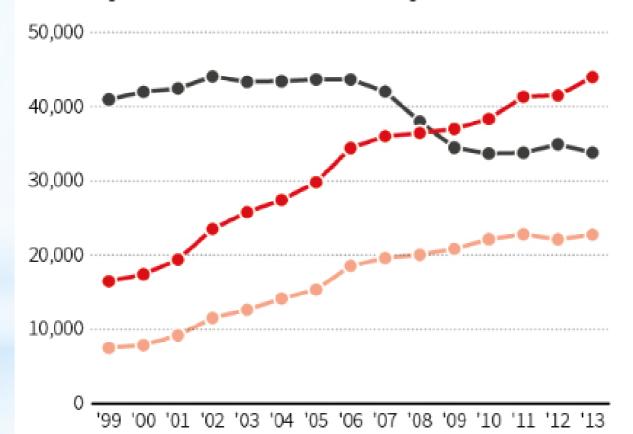
State Police

## U.S. drug overdose deaths on the rise

In November 2011, the U.S. Centers for Disease Control and Prevention declared that prescription painkiller overdoses are at epidemic levels.

#### NUMBER OF DEATHS BY CAUSE

- Motor vehicle traffic deaths
- Drug overdose deaths, total
- Drug overdose deaths, prescription drugs only



Sources: National Center for Health Statistics; CDC

C. Chan, 04/06/2015



# Trained Overdose Responder Responsibilities

Complete refresher training at least every 2 years

Contact Emergency Medical Services (EMS)- Call 911- if there is a suspected drug overdose.

Advise if naloxone was used on victim

Report all opioid overdose responses/ naloxone administrations to your OOP program director and get a refill

## Opioid User Experiences -Heroin

About 2% of heroin users die each year- many from heroin overdoses

1/2 to 2/3 of heroin users experience at least one nonfatal overdose

80% have observed an overdose

Sporer BMJ 2003, Coffin Acad Emerg Med 2007

## Who Overdoses?

Among heroin users it has generally been those who have been using 5-10 years

After rehab

After incarceration

Less is known about prescription opioid users

Anecdotal reports of youth dying suggest that many of those have been in drug treatment and relapse are now overdose victims

## Physiology

- Generally happens over course of 1-3 hours
  - When stronger opiates such as fentanyl are added to the mix it is much more immediate
- The stereotypical "needle in the arm" death may be only about 15% but with the addition of pharmaceutical grade fentanyl to the heroin mix this is becoming more common
- Opioids repress the urge to breath decrease response to carbon dioxide - leading to respiratory depression and death

Slowed breathing Breathing stops Heart stops

## Overdose Signs and Symptoms

Overdose is rarely immediate - can happen over 1-3 hours

### Heavy/ Uncontrollable Nodding

https://www.youtube.com/watch?v=0noHSly8YFo

https://www.youtube.com/watch?v=StMcYCBcjOs

Still arousable

Snoring or loud breathing

May have excess drooling

#### Overdose

Not responsive

Very shallow breathing, gurgling

Skin changes, blue lips and nails

Fatal Overdose



## Context of Opioid Overdose

The majority of heroin overdoses are witnessed

Provides opportunity for intervention

Fear of police may prevent calling 911 "Don't run, call 911!"

Witnesses may try ineffectual things Myths and lack of proper training

Abandonment is the worst response

## Naloxone (Narcan)

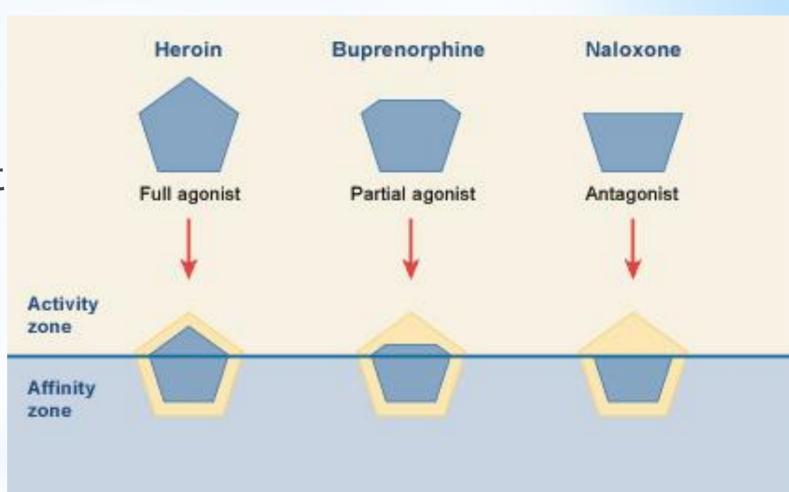
Opioid antagonist which reverses opioid overdose

injectable or intranasal

Has a higher affinity for opioid receptors than most opioids

occupy and block the receptors for 30-90 minutes

"getting the wrong key stuck in a lock"



## Naloxone in Action

Causes sudden withdrawal in the opioid dependent person - an unpleasant experience

No psychoactive effects - low potential for diversion, is not addictive

Routinely used by EMS (but often in larger doses)

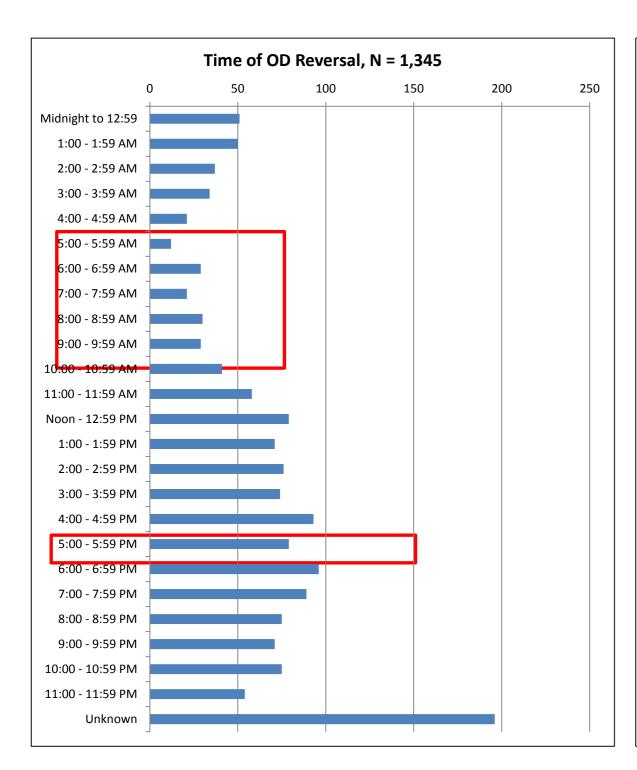
Has no effect if an opiate is not present Sold over the counter in Italy since 1988

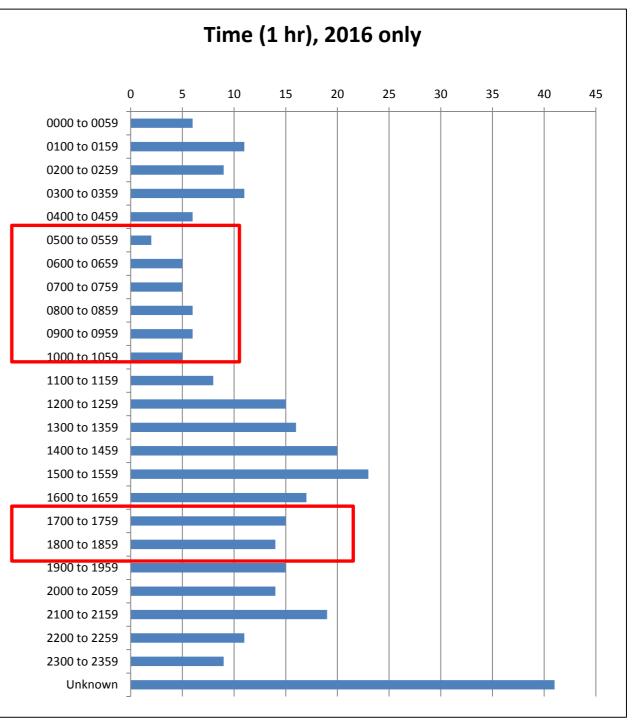
# The Opiate Epidemic and Narcan Usage

Erie County Department of Health September 2017

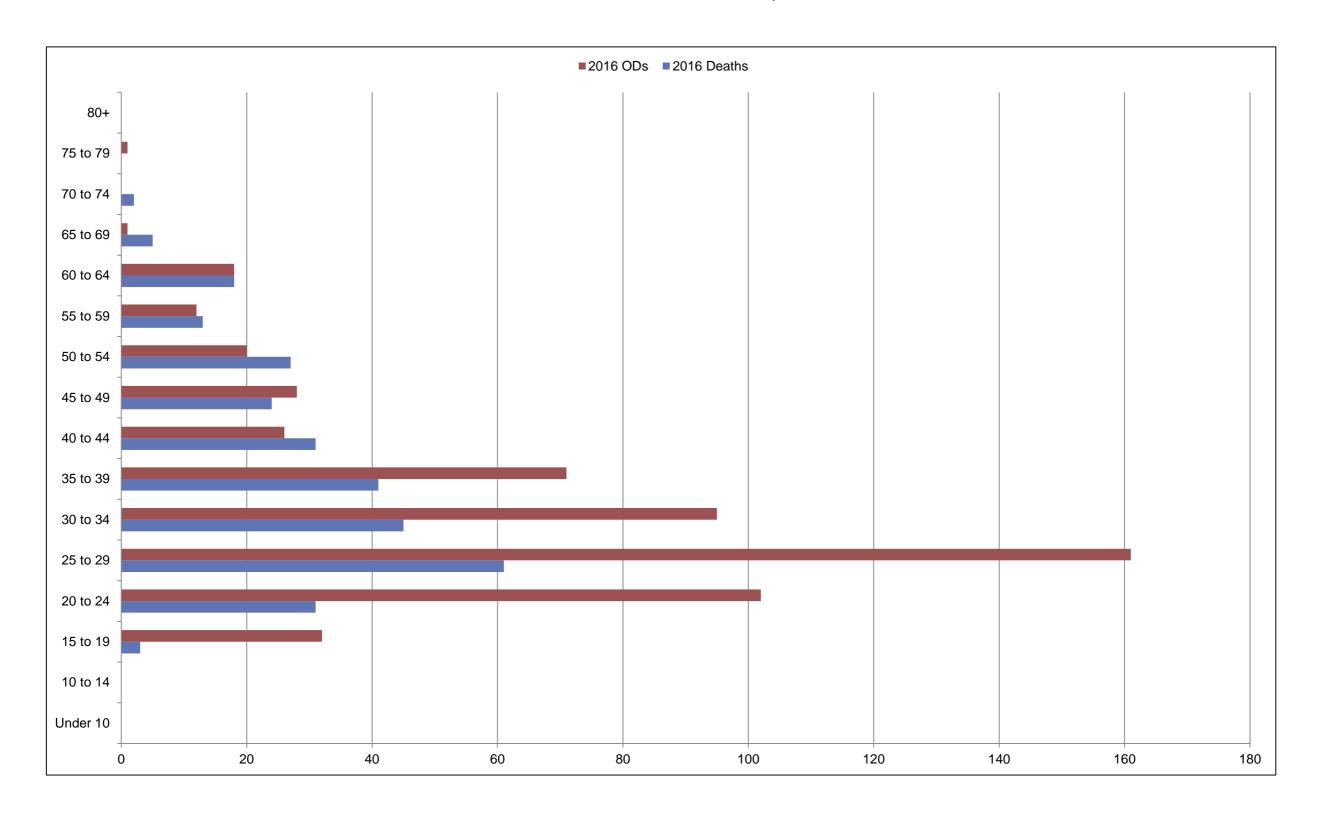
## Overdose Reversals and Time of Day

- Low in the mornings. We think many individuals with substance use disorders (SUDs) have regular jobs, and are self-medicating before they start their day.
- Spike from Noon 1 PM: people self-medicating on their lunch break?
- Slight lull in evening; we think that's when people are heading home or preparing/eating dinner.

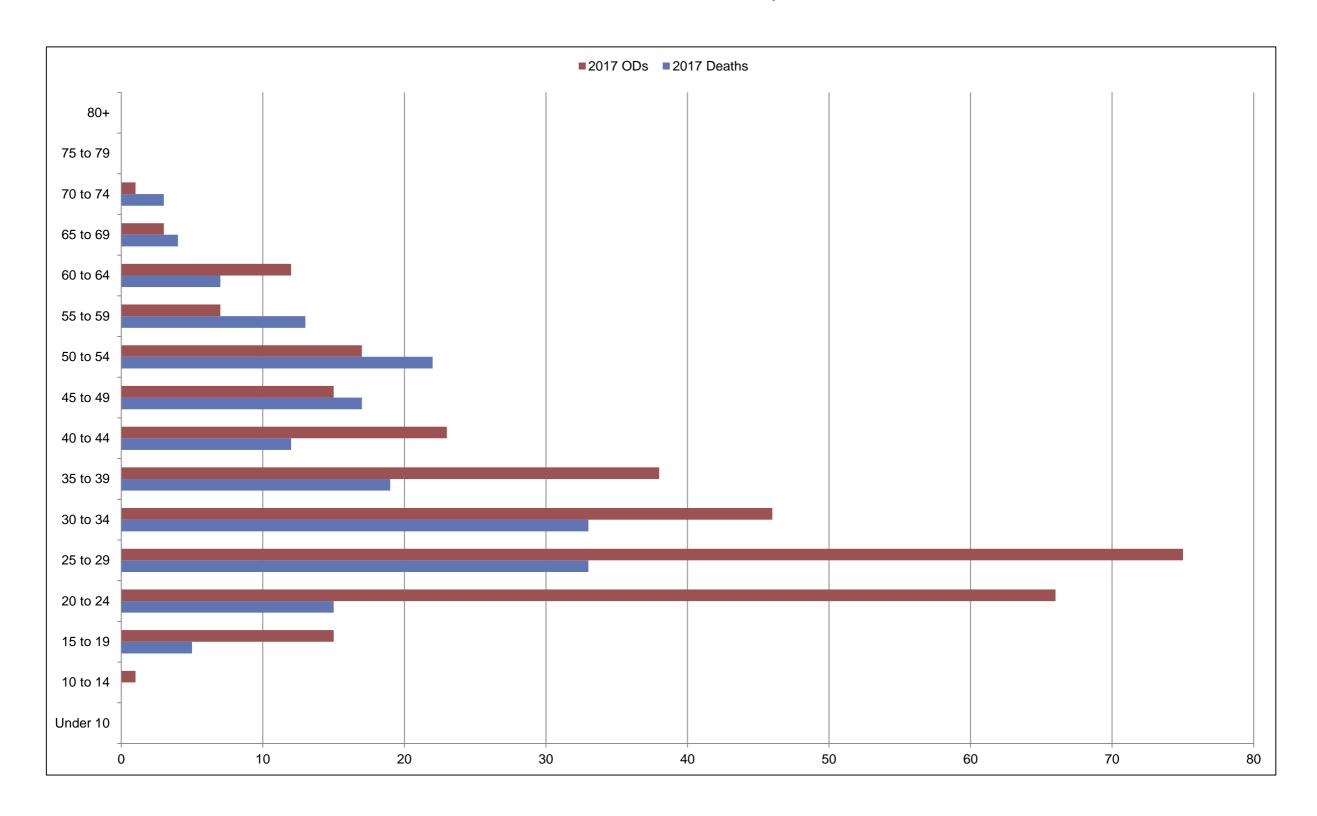




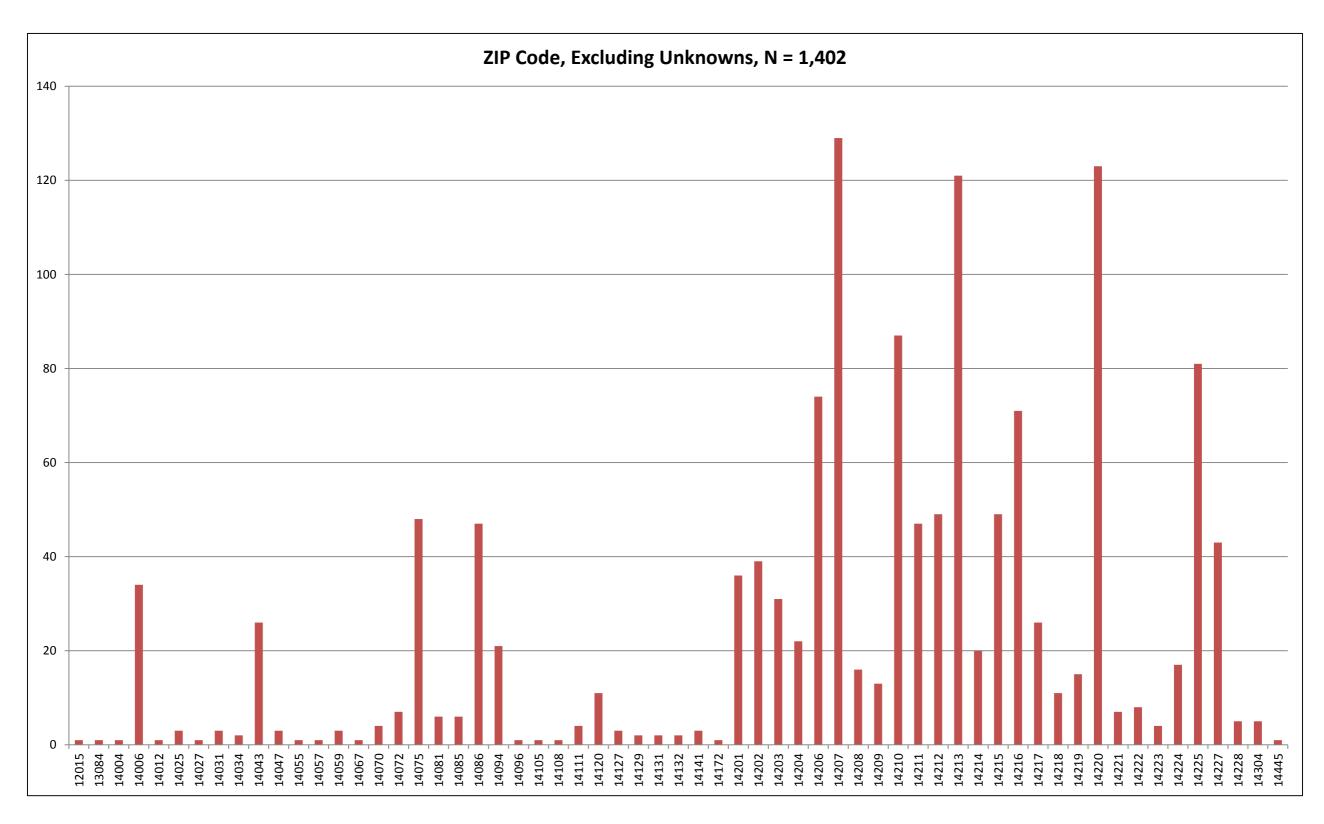
## Deaths vs. Overdoses, 2016



## Deaths vs. Overdoses, 2017



### ZIP Code of Overdoses, Police/Fire Forms



# Erie County New York Response After Overdose Pilot Project Utilizing ODMap

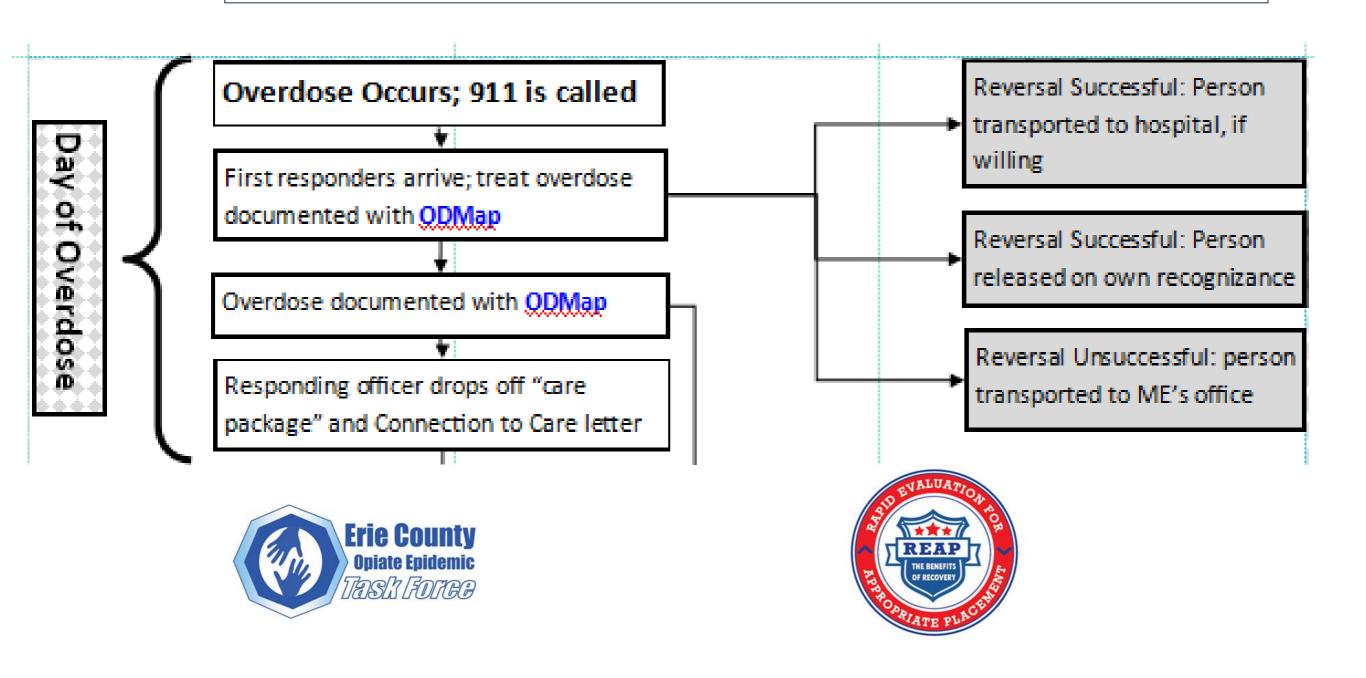




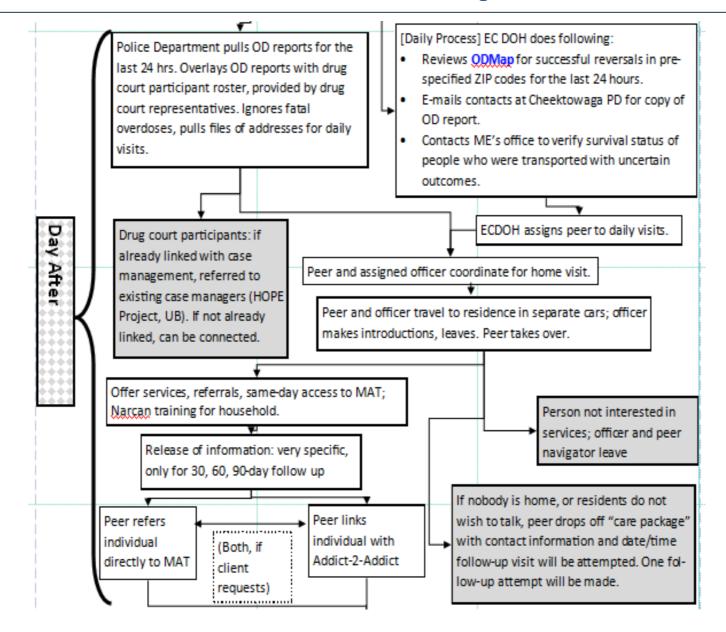




### **Immediate Response to Overdoses**



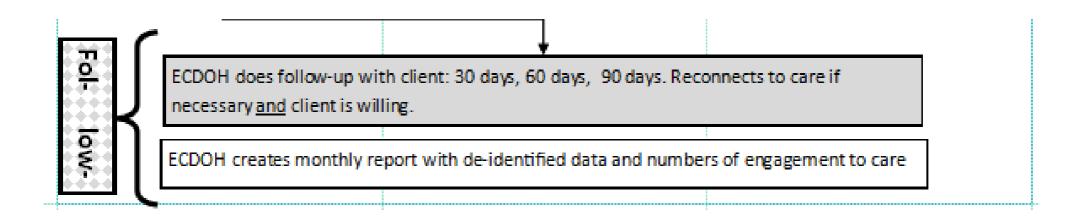
### Immediate Follow-up After Overdose







## Long Term Follow-up







### **Outcomes to Date**



er 1, 2017 – December 31, 2017

- 19 clients total identified through ODMap after overdose and direct referrals from law enforcement officers
- 10 individuals identified after overdose using ODMap
  - Of this cohort, 4 remained connected to care at 30 day interval
- 9 individuals identified through direct referral from law enforcement when identified through associated crimes
  - Of this cohort, 5 remained connected to care at 30 day interval

# Implementation in NY State

Over 500 registered sites, including: Syringe exchange/syringe access sites Hospitals

Drug Treatment Programs
HIV prevention programs
Homeless shelters

## Risk Factors for Opioid Overdose

Reduced Tolerance
Post-rehab

Using Alone
risk factor for fatal

OD

Illness

Depression

Unstable housing

Mixing Drugs

Changes in the

**Drug Supply** 

History of previous overdose

# Some Common Opioids:

Heroin Morphine **Fentanyl Dilaudid** Demerol Norco Vicodin **Opana** 

Codeine Methadone Hydrocodone Oxycodone Oxycontin Lortab Percocet Suboxone

# Most Opiate Overdose victims will have pinpoint pupils



## Review - Signs of an Overdose

Overdose is rarely immediate - can happen over 1-3 hours

### Heavy/ Uncontrollable Nodding

Still arousable

Snoring or loud breathing

May have excess drooling

### Overdose

Not responsive, lack of response to sternal rub, painful stimuli

Very shallow breathing, gurgling

Skin changes, blue lips and nails

### Fatal Overdose ⇒Death

# Steps

Call 911
Rescue Breathing
Narcan Administration
Recovery Position

# Intranasal Narcan



### Advantages of Intranasal Administration

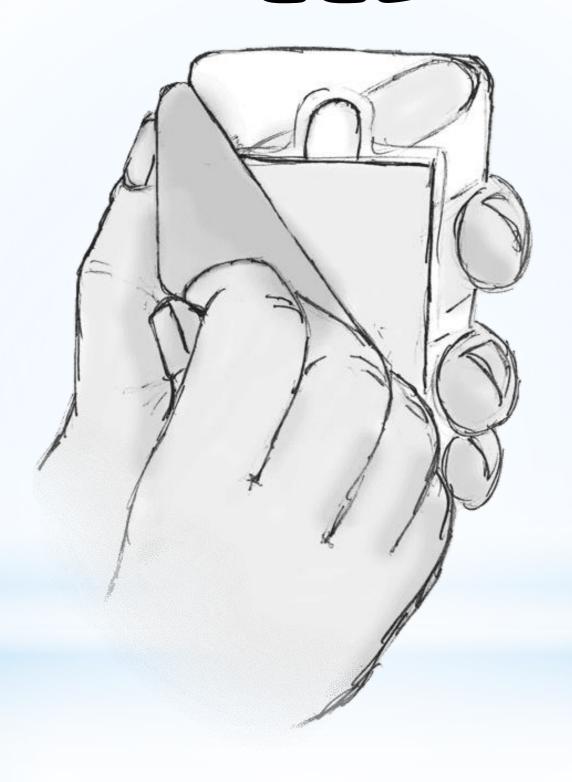
Nose is easy access point for medication and delivery

**Painless** 

Eliminates risk of a contaminated needle stick



# PEEL



# PLACE



# PRESS



# Harm Reduction Coalition Recommends Use of Rescue Breathing



## Narcan Administration

- Lie individual on back, making sure neck is extended, chin is lifted and air way is clear.
- Administer 2 rescue breaths
- Administer vial of Narcan in one nostril
- Observe individual for 2 min, continuing rescue breathing, if no response administer second vial of Narcan in other nostril.
- If there is a response after administration of first vial, turn individual on their side and prop in the recovery position until additional help arrives

### The recovery position



- ✓ Chin is well up to keep the respiratory passage open
- ✓ Mouth is downward to enable drainage
- ✓ Arms and legs are locked for stability

# Common Effects of Naloxone Administration

Nausea, Vomiting, Diarrhea
Hypertension, Tachycardia
Unmasking of other ingestions
Lowers seizure thresholds

All side effects pale in comparison to the danger of not breathing!

# Can you give naloxone if you are not sure what they took?

Yes, but you should have some suspicion of opiate overdose

Situational

Pinpoint pupils, hypoventilation

# Poes it matter if someone OP'd on a street drug or a prescription drug?

No, both may cause respiratory depression, and both can be reversed using naloxone (Narcan)

# What happens if we give it to someone who is not an overdosing on opiates?

Naloxone only affects patients with opiates in their system

"do no harm" drug

# New York State

# 911 Good Samaritan Law

## NY Penal Law 220.78 (911 Good Samaritan Law)

1. A person who, in good faith, seeks health care for someone who is experiencing a drug or alcohol overdose or other life threatening medical emergency shall not be charged or prosecuted for a controlled substance offense under article two hundred twenty or a marihuana offense under article two hundred twenty-one of this title, other than an offense involving sale for consideration or other benefit or gain, or charged or prosecuted for possession of alcohol by a person under age twenty-one years under section sixty-five-c of the alcoholic beverage control law, or for possession of drug paraphernalia under article thirty-nine of the general business law, with respect to any controlled substance, marihuana, alcohol or paraphernalia that was obtained as a result of such seeking or receiving of health care.

### NY Penal Law 220.78 (911 Good Samaritan Law)

2. A person who is experiencing a drug or alcohol overdose or other life threatening medical emergency and, in good faith, seeks health care for himself or herself or is the subject of such a good faith request for health care, shall not be charged or prosecuted for a controlled substance offense under this article or a marihuana offense under article two hundred twenty-one of this title, other than an offense involving sale for consideration or other benefit or gain, or charged or prosecuted for possession of alcohol by a person under age twenty-one years under section sixty-five-c of the alcoholic beverage control law, or for possession of drug paraphernalia under article thirty-nine of the general business law, with respect to any substance, marihuana, alcohol or paraphernalia that was obtained as a result of such seeking or receiving of health care.

# 911 Good Samaritan Law

Offers protection from charge and prosecution for possession of:

- Drugs up to an A2 felony offense (possession of up to 8oz of narcotics)
- Alcohol (for underage drinkers)
- Marijuana (any amount)
- Paraphernalia offenses
- Sharing of drugs (in NYS sharing constitutes a "sales" offense)<sup>2</sup>

# 911 Good Samaritan Law

### Does NOT offer protection for:

People in possession of A1 felony amounts of narcotics (not marijuana), meaning 8oz or more of narcotics;

Arrest or charge for drug or alcohol possession for individuals with an open warrant for their arrest or are currently on probation/parole.<sup>2</sup>

# Storage

- Naloxone needs to be kept at room temperature.
- Do not keep in your car



- Do not allow medication to freeze
- If medication becomes corrupted, please turn in for a replacement

# Reporting

- Complete reporting from to the best of your ability
- Important fields to complete:
  - Time of response
  - Time of EMS arrival
  - Age
  - Gender
  - How much naloxone was used
  - Outcome if you know
- Return form to contact on last slide to receive new kit

### New York State Department of Health Opioid Overdose Reporting Form Program name: Site name: Today's Date (MM/DD/YY): A. Reason For Visit / Naloxone Refill 1. Was your naloxone Used? ☐ Lost? ☐ Taken by police? (Check one only) ☐ Past expiration date? ■ Never received? □ Other → Please specify: B. Use of Naloxone 2a. How many doses of naloxone did you use? None (If naloxone was not used to reverse an overdose, form ends here.) (Check one only) One ☐ Two ☐ Two or more ☐ Unknown 2b. How was naloxone given? (Check one only) ☐ Injected in the muscle ☐ Sprayed in the nose Unknown Date naloxone was used: (MM/DD/YY): (If exact day is unknown, please provide month and year C. Location of Use 4. Location of overdose: Borough/County: Neighborhood: Zip code: 5. Was this location: ☐ A house / an apartment? On the street / outside? ☐ A shooting gallery? An SRO? A shelter? (Check one only) A business (e.g. store, bar, restaurant)? Unknown? ☐ Other → Please specify: D. About the Overdoser Male 6. Were they Transgender Unknown sex Intersex Other → Please specify: (Check all that apply) Female ☐ Hispanic/Latino(a) ☐ Caucasian/White ☐ African-American/Black Were they (Check all that apply) Asian/Pacific Islander □ Native American Unknown Other race/ethnicity → please specify: 8. About how old were they? (Use your best guess) E. What Drugs Had Been Used 9. Did the overdoser: Inject heroin Sniff heroin Use heroin, but how is unknown (Check one only) Not use heroin Not sure if heroin was used Benzos 10. Was the overdoser using anything else? Methadone Cocaine Unknown (Check all that apply) Pain pills Alcohol ☐ Amphetamine ☐ Other drugs → please specify: F. Condition of Overdoser 11. Was overdoser conscious before naloxone was used? Yes No Unknown No 12. Was overdoser breathing before naloxone was used? Yes Unknown G. Actions Taken 13. Was rescue breathing performed? Yes ■ No Unknown ☐ No 14. Were EMS (911) contacted? Yes Unknown H. Outcome 15. Did the overdose survive? Yes ■ No Unknown I. Other Information 16. Please provide any information that would be helpful in describing the overdose: J. Signatures of Program Director and Clinical Director

Date (MM/DD/YY)

Fax: (518) 402-6813

Please send the completed form using any one of the three methods below:

Clinical Director

Program Director

E-mail: oper@health.state.ny.us

Date (MM/DD/YY)

Shu-Yin John Leung

Albany, New York 12237

OPER, AIDS Institute, NYSDOH Empire State Plaza CR342

# Remonstration of Intranasal Naloxone



Morgan, 23



Alexander



Amber Toth, 29



Bobby Glovino, 25



Maloney, 23



Christine Guilfoyle, 28



Christopher Lickers, 48



Daniel Placek, 28



Pletcher, 30



Wujek



David Pratt, 34



Benjamin

Edick, 30

Ephraim David Schultz, 21



James Argento, 36



Jenna Marie Scanlon, 34 Miller, 26



Justin Thomas Lester, 27



Karen Walters, 41

Their stories on Page A12



Kristen Pfaff, 27



Baumgardner, 28 Wylie, 29





Lea-Marie Morgante, 28



Mackenzie Weisbeck, 29



Mario Rodriguez, 22



Michael Fuglewicz, 30



Michael Israel, 20



Nathaniel Smith, 26



Nicholas Taylor, 23



Patrick Isenhart, 23



Romanchuk, 36 Marzec, 24



Raymond



Robert Barker, 38



Robert Johnson, 35



Sean Timothy Paul, 28



Stephen Michael Tracy Sullivan, 35



Janiszewski



William Purdy, 24



William Rathbun, 27



Mark Jack, 26



Mark Kocszur, 39



Michael Cleary, 26



Aaron Michael Ebling, 24

### Jemal cu wide swat in world real estat

D.C. developer relis 'challenge' of One Se

By Jonathan D. Epste

NEWS BUSINESS REPORTER

To hear Washington's busin real estate leaders talk, Buffa

hit the lottery jackpot when de Douglas Jemal decided to buy C eca Tower. They say Buffalo is very lucky

someone as determined, focus creative to redevelop the city' building. Just look at his track r Washington as proof of what he ble of doing in Buffalo, they say.

To hear his critics and Buffa tics, however, Jemal is just anoth nosed out-of-towner with a re for sitting on properties - and nine-year-old felony conviction

to boot. They predict he won't follow and won't play well with cor They note his brothers' trouble York City, where the family own er Nobody Beats the Wiz. And Buffalo's long history of bad ex with fly-by-night real estate inv

So which is it?

Depends who you ask, and believe. But there's truth to bot

Jemal, 73, is the founder ar Douglas Development Corp., th largest commercial real estate er in the nation's capital, and

# Questions and Support?

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COUNTY EXECUTIVE
DR. GALE BURSTEIN
COMMISSIONER OF HEALTH
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RAPID
EVALUATION &
APPROPRIATE
PLACEMENT
(REAP)

FAMILY &
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& EMERGENCY
DEPARTMENTS

NALOXONE Access

TREATMENT PROVIDERS

Daniel J. Rinaldo NYNJ High Intensity Drug Trafficking Area (HIDTA)

Debra Smith Parent Barbara Burns
Public Affairs
Officer
US Attorney's
Office
Western Region
of NY

Dr. Gale Burstein
Erie County
Commissioner of
Health
&
Dr. Paul Updike
Medical Director
STAR Program
Catholic Health

Elizabeth
Franzek, MD
Attending
Physician,
VA WNY
Healthcare
System,
Emergency
Department

Cheryll Moore Medical Care Administrator Erie County Department of Health

Michael Ranney Erie County Commissioner Of Mental Health

### CROSSFUNCTIONAL COLLABORATION THROUGHOUT CONTINUUM

### Task Force Mission:

To provide a framework for organizations and individuals from across the opiate overdose continuum to collaborate, develop, and share best practices through timely sharing of information to assist individuals and their loved ones fighting the disease of addiction and to undertake prevention efforts that educate the community on the dangers of addiction.