

Sophomore Success Mentoring Program

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Senior Academic Advisor/Counselor

SUNY at Buffalo State

Charlson Joseph

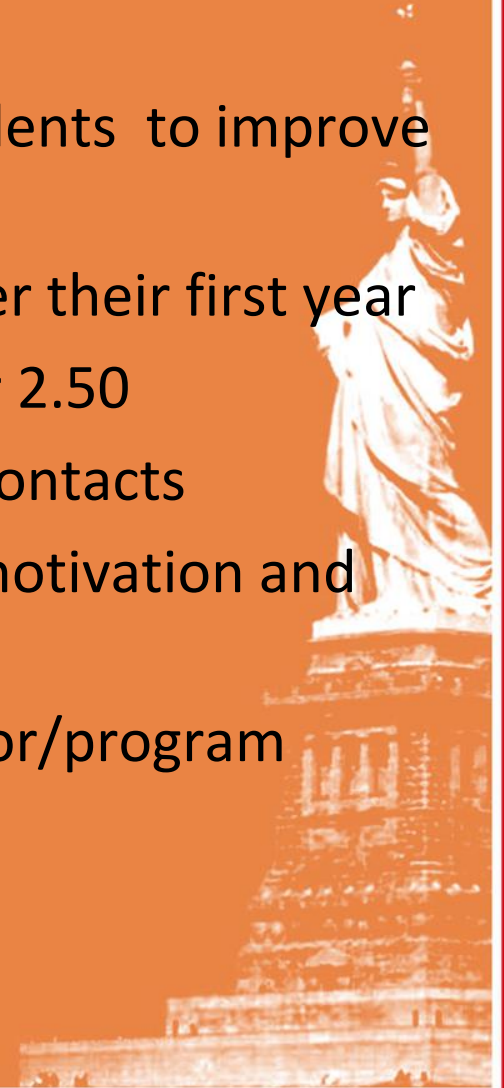
Graduate Intern & EOP Academic Mentor

SUNY Buffalo State



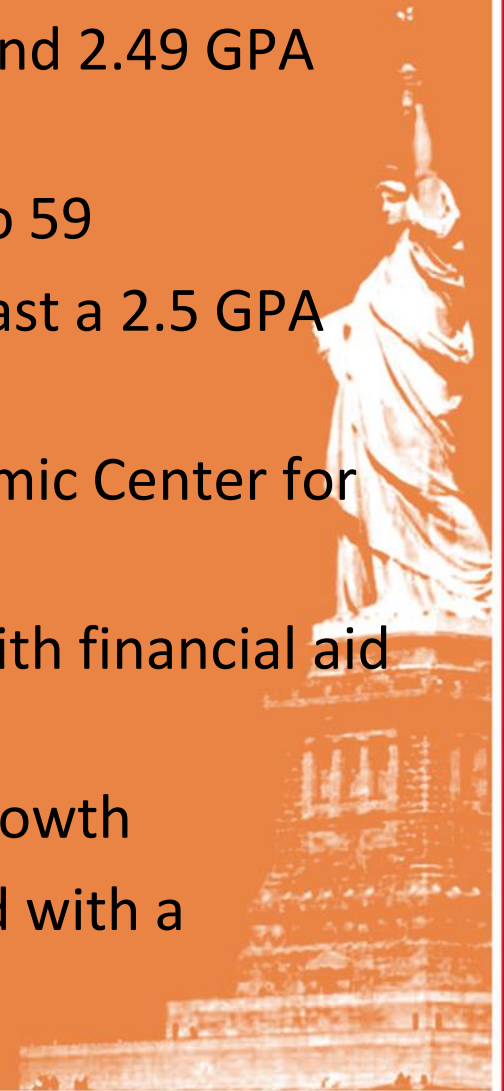
The Need and Purpose of the Program

- An EOP program goal to further assist students to improve their GPA after their 3rd semester
- To bridge the GAP or the “disconnect” after their first year
- To assist students in raising their GPA over 2.50
- To increase tutoring contacts/mentoring contacts
- Assist students who may need academic motivation and grade improvement
- Assist students with choosing desired major/program



Goals of the Program

- Identify students who are between a 2.0 and 2.49 GPA for consideration
- Students with credit hour range from 30 to 59
- Set goals for each student to achieve at least a 2.5 GPA and better
- Increase tutoring contacts with our Academic Center for Excellence (ACE)
- A proactive approach to assist students with financial aid and other outstanding concerns
- Personal and professional development growth
- An opportunity for students to be engaged with a supportive network



Method of Recruitment/Commitment

- Students were invited by letter/email
- Counselor recommendation
- Social Media
- Phone calls/Text
- Word of mouth



Sample Letter and Information

Dear Student,

You have been selected for the Educational Opportunity Program **Sophomore Success Mentoring Program!** This program has been designed to assist you to better prepare yourself for outstanding academic performance. The Sophomore Success Mentoring Program utilizes proactive approaches to assist you with reaching your highest potential.

- We strongly advise you to take part in this initiative. Doing so you will Improve your current grade point average
- Help you to understand Financial Aid regulations and policies that are impacted by your academic progress
- Assist you with developing a proactive approach toward tutoring and academic skills workshops
- Provide you with additional one-on-one counseling with program counselors and interns that will enhance your college experience to achieve academic balance
- Improve your study skills and techniques to achieve academic balance

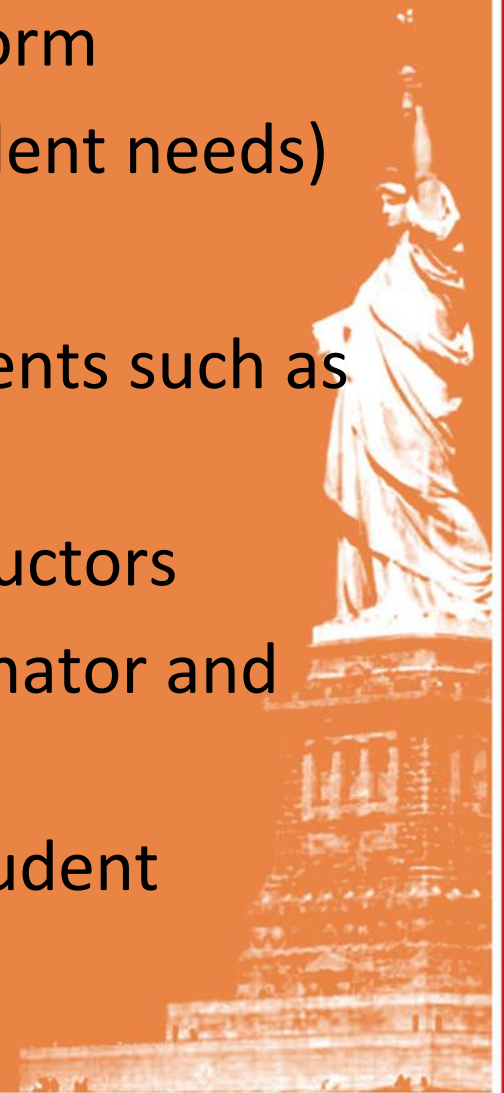
If you have any questions, speak with your EOP counselor or direct your email to Mr. Jude Jayatilleke at jayatijm@buffalostate.edu or call 716-878-6028. Please RSVP to this email to confirm your interest and participation by Tuesday January 26, 2016.

We hope you take full advantage of this proactive opportunity.



Monitor and Progress

- Student completes a commitment form
- Review areas for improvement (student needs)
- Set goals for the semester
- Review set guidelines and requirements such as workshops and meetings
- Request mid-term grades from instructors
- Student meets with program coordinator and graduate intern on a regular basis
- Inform counselors and update on student progress
- Review tutoring contacts



Student Commitment form/Contract

EOP Sophomore Mentoring Success Program

Student Participation Commitment Form

Year: _____ Term: _____ Fall _____ Spring _____

Name: _____ Banner ID _____

Email: _____ Cell Phone No _____

Current Major: _____ Intended Major _____

No. of Credit Hours Earned: _____ No. of Credit Hours Registered _____

Username: _____ EOP Counselor: _____

Current GPA: _____ Desired Semester GPA _____ Cumulative GPA _____

Updated Achieved GPA _____ Updated New Cumulative GPA _____

List classes registered for the semester (i.e. MAT103, CWP102, etc.):

• You are required to participate in and complete the following activities: (please check all that apply)

- ☐ Meet with program coordinator and interns on a weekly basis.
- ☐ Take advantage of the tutoring opportunities and attend on a regular basis.
- ☐ Review my academic progress with professors, counselors, and tutors as needed.
- ☐ Attend required workshops to assist with my academic growth.

Do my best work in all classes to meet and exceed a satisfactory GPA requirement, and ensure that I stay current with required credit hours toward graduation.

List 3 major issues and concerns that affected your academic progress:

Additional Remarks:

Student Signature: _____ EOP Sophomore Coordinator Signature: _____



Sample Contract

**EOP Sophomore Success Readiness Program
Student Participation Commitment Form**

Year: Second Term: _____ Fall 2016 Spring _____

Name: [REDACTED] Banner ID: [REDACTED]

Email: timahreid2@gmail.com Cell Phone No: [REDACTED]

Current Major: Criminal Justice Intended Major: _____

No. of Credit Hours Earned: 38 No. of Credit Hours Registered: _____

Username: [REDACTED] EOP Counselor: Aikel

Current GPA: 2.2 Desired Semester GPA 3.0 Cumulative GPA 2.75

Updated Achieved GPA _____ Updated New Cumulative GPA _____

List classes registered for the semester (i.e. MAT103, CWP102, etc.):
ANT100 COM100 CBJ201 CBJ202
HIS 116 _____

You are required to participate in and complete the following activities: (please check all that apply)

- ☒ Meet with program coordinator and interns on a weekly basis.
- ☒ Take advantage of the tutoring opportunities and attend on a regular basis.
- ☒ Review my academic progress with professors, counselors, and tutors as needed.
- ☒ Attend required workshops to assist with my academic growth.
- ☒ Do my best work in all classes to meet and exceed a satisfactory GPA requirement, and ensure that I stay current with required credit hours toward graduation.

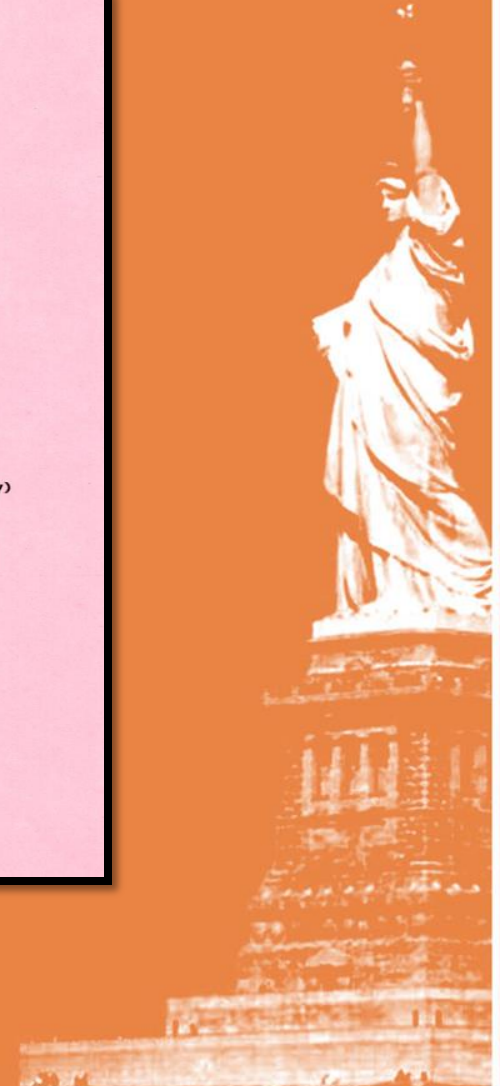
List 3 major issues and concerns that affected your academic progress:

- ☐ Coming in to see my mentor
- ☐ Test taking skills
- ☐ Reading my textbook

Additional Remarks: _____

Student Signature: [REDACTED]

EOP Sophomore Coordinator Signature: [Signature]



Letter of Request for Academic Progress/Mid-Term Grades

Student's Name:

Dear Faculty,

The Educational Opportunity Program has implemented a Sophomore Success Program to assist students with the transition into their sophomore year. Students are required to take part in a number of academic workshops, attend tutoring on a regular basis and most importantly attend classes and complete assignments to their highest potential. We hope our students take their academic performance seriously in order to maintain good academic standing, which also goes hand-in-hand with financial aid. We believe that their achievement in the classroom is imperative to our success at EOP. In order to make certain that our students are making this a priority, I am requesting that you please complete this progress report. If you are more comfortable with a phone conference, please feel free to contact me at 878-6028 or email me at jayatijm@buffalostate.edu regarding the progress of this student.

Thank you for your time and consideration regarding this student. Your assistance is greatly appreciated.

Course #	Instructor	Grade	Absences	Needs Extra Help (Y/N)	Signature
		A B C D E			
		A B C D E			
		A B C D E			
		A B C D E			
		A B C D E			
		A B C D E			

Completed midterm grade form

Buffalo State
State University of New York

1300 Elmwood Avenue
Buffalo, NY 14222-1095
www.buffalostate.edu

March 18, 2013

Student's Name: [REDACTED]

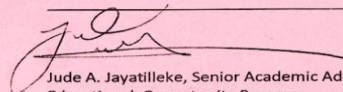
Dear Faculty,

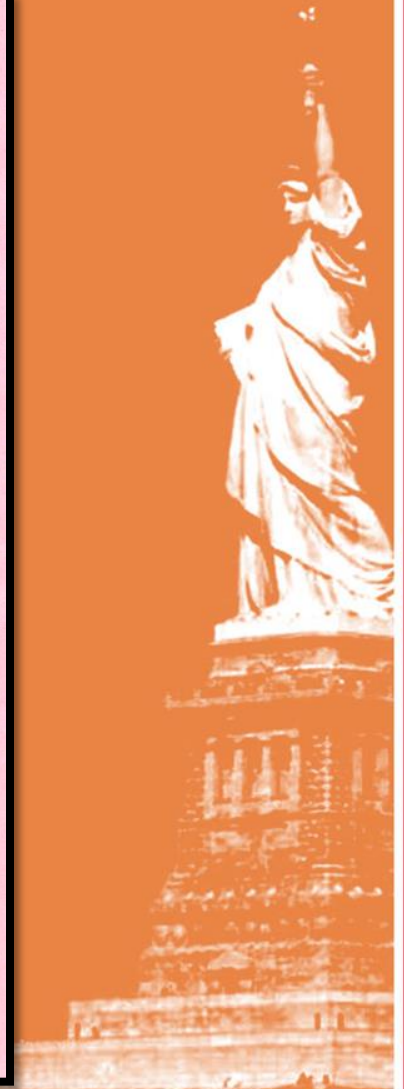
The Educational Opportunity Program has implemented the pilot Sophomore Readiness Program to assist students with the transition into their sophomore year. Students are required to take part in a number of academic workshops, attend tutoring on a regular basis and most importantly attend classes and complete assignments to their highest potential. We hope our students take their academic performance seriously in order to maintain good academic standing, which also goes hand-in-hand with financial aid. We believe that their achievement in the classroom is imperative to our success at EOP. In order to make certain that our students are making this a priority, I am requesting that you please complete this progress report. If you are more comfortable with a phone conference, please feel free to contact me at 878-6028 or email me at jayatiim@buffalostate.edu regarding the progress of this student.

Thank you for your time and consideration regarding this student. Your assistance is greatly appreciated.

Course #	Instructor	Grade	Absences	Needs Extra Help (Y/N)	Signature
PS201	TERENCE SMITH	A B C D E	1	N	[Signature]
ANT 101	Stephen McCarson	A B C D E		N	[Signature]
CWP 102	Imane Sips	A B C D E	0	Help Center	[Signature]
BUS 320	Fred Bristol	A B C D E	0	N	[Signature]
HIS 106	T. Henry	A B C D E	0	?	[Signature]
		A B C D E			

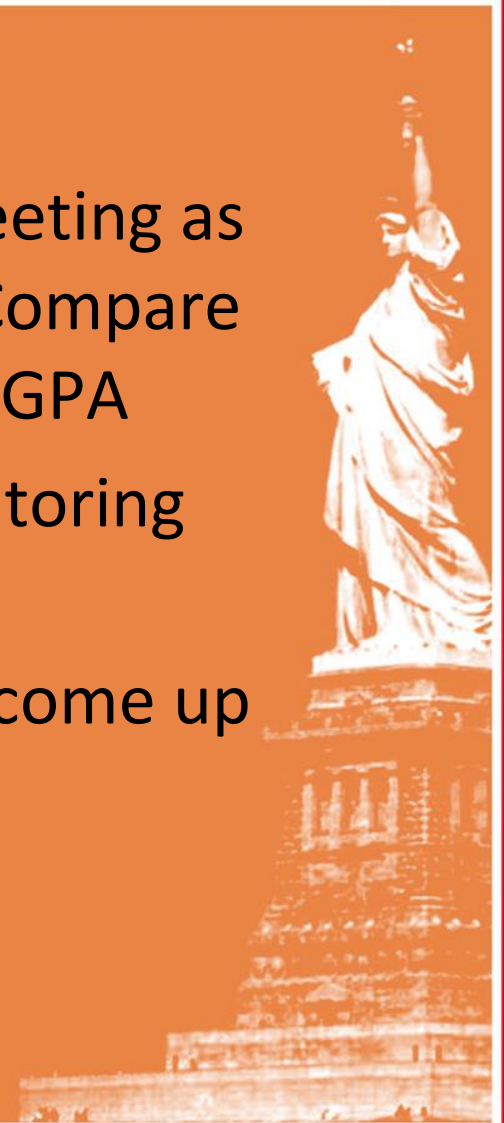
Comments _____


Jude A. Jayatilleke, Senior Academic Advisor/Counselor
Educational Opportunity Program
South Wing 620
Tel: 716-878-6028
Fax: 716-878-4428



Evaluation of the program outcome/Success

- Review student GPA at the initial meeting as well as at the end of the semester. Compare semester GPA as well as cumulative GPA
- Review participation log contacts, tutoring hours, meetings, workshops etc
- Set goals for the next semester and come up with a plan to achieve their goals



Program Flyers

Beyond

the

Bachelors

EOP Workshop

Presented by Mr. Jude
and Mr. Charlson

Wednesday October 7th
from 5pm to 6pm at SW 718

*Can Open New Doors

*Increased Value in your credentials

*Cost Effective thru GEOP, and other
Fellowships

*Less Chance of Unemployment

*May be Required By Your Employer



Food will be
provided



BUFFALO STATE
The State University of New York

Sophomore Success Program

Mid-semester Evaluation

There is 6 six weeks left within the semester, what is your next move?

WHEN YOU WANT TO
SUCCEED AS BAD AS
YOU WANT TO BREATHE
THEN YOU'LL BE
SUCCESSFUL
- Eric Thomas

Break that cycle of procrastination

Prioritize your time

Begin with an end in mind

Put first thing first

Remember your reason for being in college

Come to the EOP Workshop on Monday 11/9/2015

@ 5pm

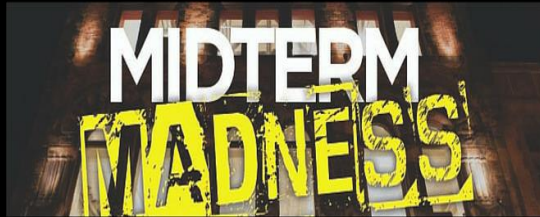
South Wing room #718

Hosted: Charlson & Jude

PIZZA & WINGS WILL BE SERVED



Program Flyers



EOP would like to help you get through the Midterm Madness

Come to the EOP Workshop on Thursday 10/22/2015 @ 3pm in South Wing room 718



Hosted by Charlson & Jude
Boost your study techniques
test taking tips
increase your memory
&



most importantly learn how to manage your study time.



BUFFALO STATE
The State University of New York

Thinking of going into the Medical field

Come meet a UB alumni who is currently a medical student at Albert Einstein College of Medicine in Bronx, New York

Fri Nov 20th @ 1 pm
Technology Building room # 160

Here is an opportunity to have all your questions answered

How to get into medical school

How to prepare for medical programs

What grades will you need to be accepted

& Many More

pizza will be served

Sponsored by EOP



Emmanuel Appiah-Kubi graduated from UB in 2011 with a dual degree in biochemistry and chemistry. During his time at UB he was a member of the McNair and Student Support Services programs and served as a tutor at the CADS lab for the CSTEP program.



Program Flyers

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SOPHOMORE SUCCESS PROGRAM

**First workshop of
the semester**

Why mandatory tutoring

Test taking strategies

Figuring out your strengths and weakness

Learning how to prioritize your time

Presented by Charlson and Mr. Jude

Friday, February 12th

South Wing # 718 @4:30pm

pizza and wings will be served

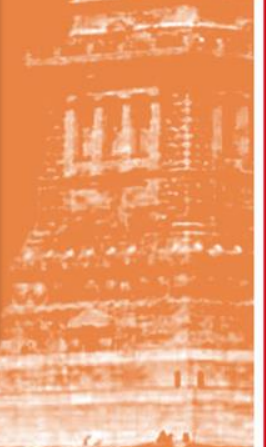
Please RVSP Charlson if you are attending

347-613-4861

josec22@mail.buffalostate.edu

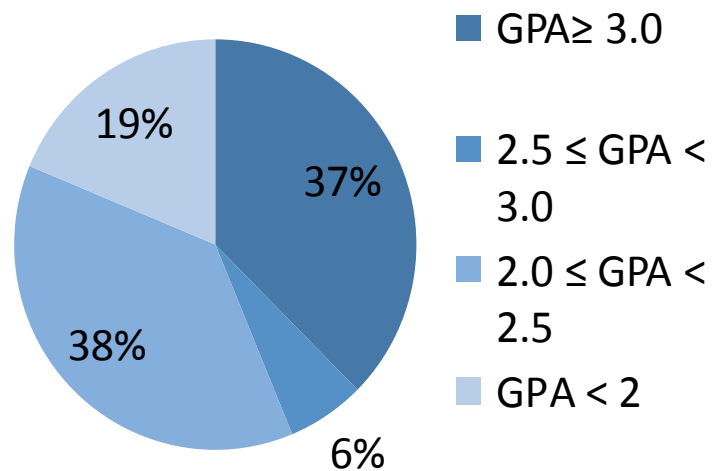


BUFFALO STATE
The State University of New York

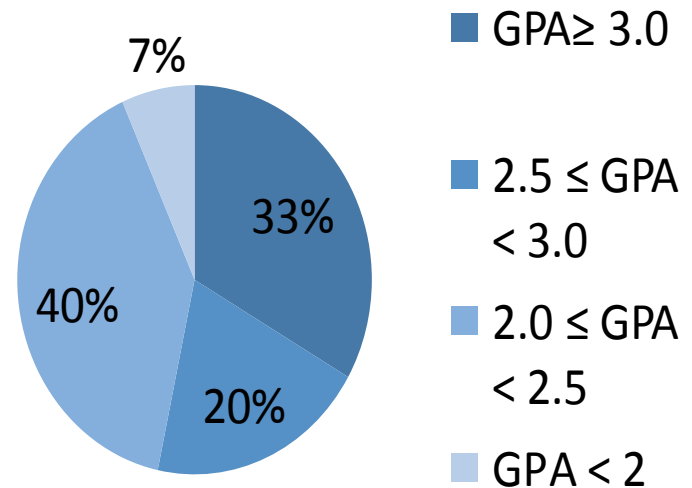


Fall/Spring End of Semester Student Progress

Fall Students



Spring Students



Student Grade Breakdown & Performance

Name	Previous Cumulative GPA	New Semester GPA	Cumulative GPA
Student A	2.33	3.33	2.71
Student B	2.33	3.55	2.61
Student C	2.35	3.30	2.58
Student D	2.41	3.00	2.55
Student E	2.22	3.23	2.55
Student F	2.41	2.73	2.53
Student G	2.16	3.08	2.47
Student H	2.00	2.22	2.49
Student I	2.40	2.13	2.30
Student J	2.25	2.06	2.19
Student K	2.37	1.66	2.18
Student L	2.18	2.13	2.16
Student M	1.81	2.40	2.05
Probation			
Student N	2.08	1.42	1.93
Student O	2.29	1.08	1.92
Student P	2.04	1.20	1.69

Student Evaluation questions

Question 1: I am satisfied with the Sophomore Success Mentoring Program

☐ Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree

Question 2: The one-on-one meetings with the program coordinator were helpful to assess my success as a student. ☒ Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree

☐ Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree

Question 3: Attainable goals and objectives were set for me to accomplish by the end of the semester

☐ Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree

Question 4: The meetings with the graduate assistant were helpful to achieve my progress

☐ Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree

Question 5: I actively participated/attended the workshops conducted.

☐ Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree

Question 6: My expectations were met with the Sophomore Success Mentoring Program to continue as a junior. ☐ Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree

☐ Strongly Agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly Disagree

Question 7: Would you like to continue to receive additional support

☐ Yes ☐ No ☐ Maybe ☐

Question 8: Comment on what you liked most about the support and assistance you received

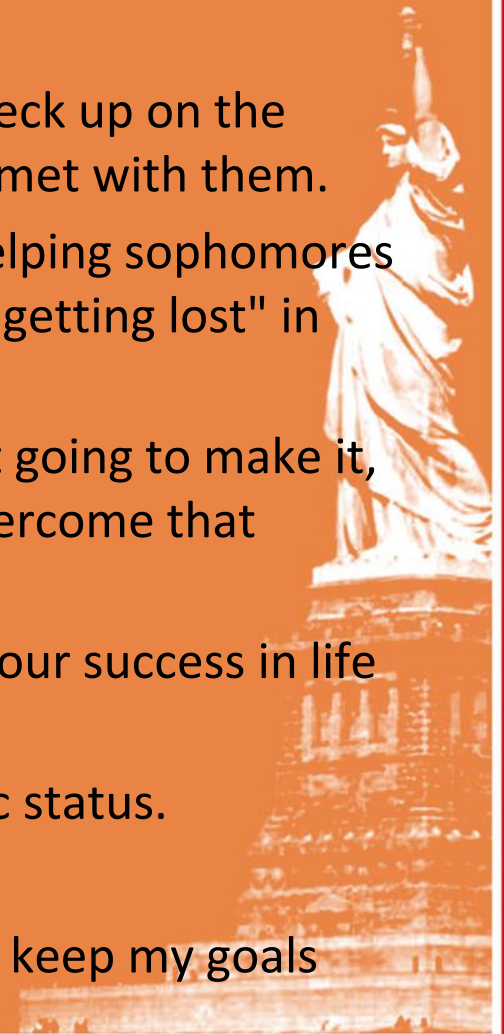
Question 9: What are some suggestions you have for improvement of the program

Question 10: Please use the space below to add any additional comments



Comment on what you liked most about the support and assistance you received

- I liked that everyone was very helpful and excited to work with those who were in the program
- I liked the fact that the counselors continued to check up on the students. I was able to show progress every time I met with them.
- I liked the fact that the program was focused on helping sophomores to maintain, "if not better themselves" instead of "getting lost" in their second year of school.
- Even when I gave up and was thinking that I wasn't going to make it, the support and motivation given helped me to overcome that burden.
- I like that we have people that actually care about our success in life and are helping us as college students.
- I liked the one on one meeting discussing academic status.
- Everything!
- It was great to have the support of more people to keep my goals towards academics realistic.
- The counselors were very supportive and understanding.



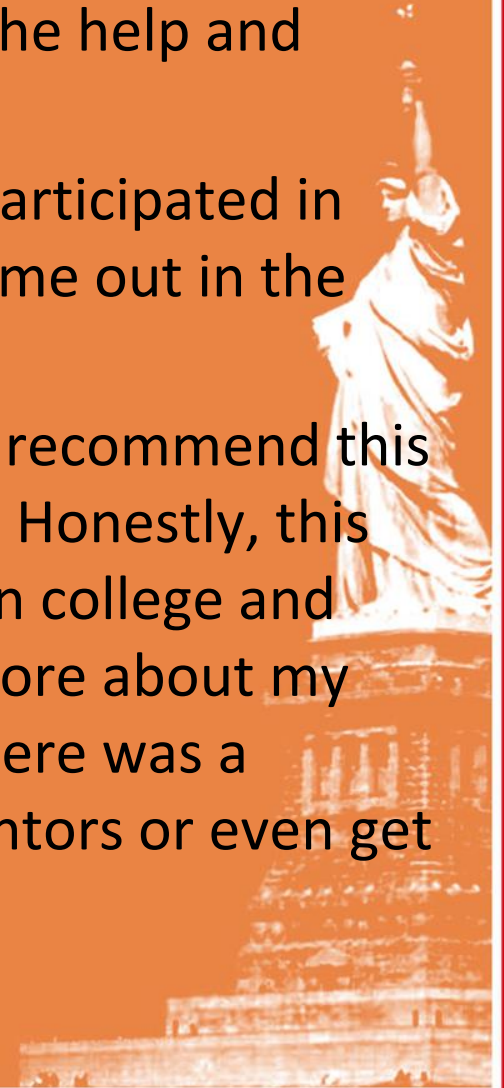
What are some suggestions you have for improvement of the program?

- Have the students meet with each other more often
- My meetings with Charlson were productive and helpful
- Charlson connected me with internship opportunities and graduate school information
- He also connected me with career services and ACE .
- Nothing...so far so good!
- Nothing!
- I think the program is great as is and should continue throughout the years.
- The timing for the workshops should be a little longer



Please use the space below to add any additional comments

- Thank you Mr. Jude and Mr. Charlson for the help and support through my sophomore year.
- I am very thankful for being able to have participated in this program. I learned skills that will help me out in the future.
- I am glad to help others and will definitely recommend this program to anyone that wants to succeed. Honestly, this program has changed my whole outlook on college and life. I am more school oriented and care more about my education than I have in the past. I wish there was a program for the juniors to continue as mentors or even get help themselves.



Feedback and Follow up

- At the beginning of each semester, communicate with staff to encourage student participation
- Provide feedback to staff on student progress
- End of the semester, send out a progress report and a summary of the group academic progress.



Graduate Intern for EOP Mentoring Program

Graduate intern for EOP Sophomore Success Mentoring Program

The graduate intern will assist the EOP Sophomore Success Program coordinator with various activities during the semester to help students achieve satisfactory academic standing. The internship opportunity will enhance one's graduate internship experience working in a diverse academic environment. The intern will have the opportunity to engage and network with various constituents on our campus community. The intern is expected to perform the following tasks and report to the coordinator.

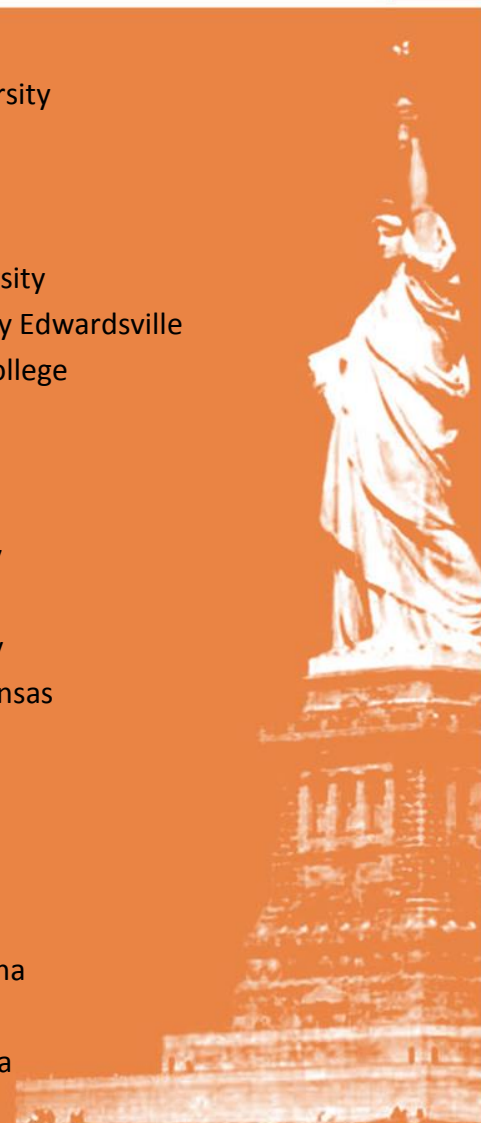
Duties and Responsibilities:

- Work with a caseload of students between 25 to 30 students
- Co-ordinate and assist with planning workshops and presentations
- Meet with students on your caseload on a weekly basis
- Set individual appointments for students
- Report to the Sophomore program coordinator
- Maintain a log of activities and hours
- Assist students with program coordinator to set goals and strategies to improve student GPA
- Monitor student academic progress
- Attend meetings and workshops as required
- Encourage and motivate students to take advantage of tutorial services at the Academic Center for Excellence in SW730



Institutions with Sophomore Programs

- Beloit College
- Brandeis University
- Bridgewater State College
- California Polytechnic State University, San Luis
- Obispo
- Case Western Reserve University
- Colgate University
- College of the Holy Cross
- Colorado College
- Duke University
- Eastern College
- Eastern Kentucky University
- Emory University
- Fairfield University
- Greenville College
- Hiram College
- Indiana Wesleyan University
- Kennesaw State University
- Loyola College
- Macalaster College
- McPherson College
- Moravian College
- Northeastern State University
- Pace University
- Saint Louis University
- St. Michael's College
- Southern Arkansas University
- Southern Illinois University Edwardsville
- Spartanburg Methodist College
- Stanford University
- Stony Brook University
- Texas Christian University
- Texas Southern University
- Trinity University
- Trinity Western University
- University of Central Arkansas
- University of Cincinnati
- University of Denver
- University of Georgia
- University of Indianapolis
- University of Louisville
- University of South Carolina
- University of Washington
- University of West Georgia
- Washington University
- William Jewell College
- Yale University



Important Information and Resources

- Institute on Sophomore Student Success University of South Carolina:
<http://www.sc.edu/fye/events/presentation/pdf/SOPH.ACPA.NASPA.pdf>
- New Student & Sophomore Programs Georgia Tech:
<http://www.faset.gatech.edu/>
- Institute on Sophomore Student Success -Kennesaw State University: <http://web.kennesaw.edu/news/category/tags/student-success>
- Enhancing Student Success and Retention throughout Undergraduate Education -John N. Gardner: Institute for Excellence in Undergraduate Education:
<http://rer.sagepub.com/content/61/4/505.short>



Questions?

*Thank you for attending our
presentation!*

