

Strengths-Based Advising Activity

Answer questions 1 & 2 individually. Then find a partner and share your answers.

1. Try to recall a specific time when you felt you were "successful" in an advising appointment or when you were especially helpful to a student. Describe it briefly below.

Which one or more of your 5 Signature Themes do you feel played a role in this success? How?

2. Try to recall a specific time when you felt one or more of your Signature Themes may have hindered your effectiveness in an advising appointment. Describe it briefly below.

Decide which one of you will be the "student" and which will be the "counselor". Together discuss:

3. Are there certain Signature Themes that your student has that could contrast with one or more of your Signature Themes? (List them below) How might you adjust your approach to working with this student?

Your Signature Themes

Possible Contrasting Student Signature Theme

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

4. Choose one or more Signature Themes of your student. _____
How might that theme influence the way they approach one or more of the following:

- Being undecided about a major or choosing a major.
- The types of classes they would enjoy
- Study skills