Developing competence as an advisor: Essential support skills for addressing multicultural competencies and helping college students

Helping References

- Archer, J., & Cooper, S. (1998). Counseling and mental health services on campus: A handbook of contemporary practices and challenges. San Francisco: Jossey-Bass.
- Bazelon Center for Mental Health Law (2007). Supporting students: A model policy for colleges and universities. Retrieved August 12, 2007, from http://www.bazelon.org/pdf/SupportingStudents.pdf
- Benton, S. A., & Benton, S. L. (2006). (Eds.), *College student mental health: Effective services and strategies across campus*. Washington, DC: National Association of Student Personnel Administrators.
- Burkard, A., Cole, D. C., Ott, M., & Stoflet, T. (2005). Entry-level competencies of new student affairs professionals: A delphi study. *NASPA Journal*, *42*, 283-309.
- Carter, G. C., & Winseman, J. S. (2003). Increasing numbers of students arrive on college campuses on psychiatric medications: Are they mentally ill? *Journal of College Student Psychotherapy*, 18, 3-10.
- Corey, M. S., & Corey, G. (1998). Becoming a helper. Pacific Grove, CA: Brooks/Cole.
- Davis, D. C., & Humphrey, K. M. (2000). (Eds.), *College counseling: Issues and strategies for a new millennium* (pp. 3-14). Alexandria, VA: American Counseling Association.
- Duncan, M. A. (1993). Dealing with campus crisis. In M. J. Barr (Ed.), *The handbook of student affairs administration* (pp. 340-348). San Francisco: Jossey Bass.
- Egan, G. (2002). The skilled helper: A problem-management and opportunity-development approach to helping (7th ed.). Pacific Grove, CA: Brooks/Cole.
- Epstein, B. H. (2004). Crisis intervention on campus: Current and new approaches. *NASPA Journal*, *41*, 294-316.
- Grayson, P. A. & Meilman, P. W. (2006). (Eds.). *College mental health practice*. New York: Routledge.
- Harper, R., Wilson, N. L., & Associates (2010). More than listening: A casebook for using counseling skills in student affairs work. Washington, DC: NASPA.
- Herdlein, R. J. (2004). Survey of chief student affairs officers regarding relevance of graduate preparation of new professionals. *NASPA Journal*, 42, 51-71.
- Hill, C. E., & O'Brien, K. M. (1999). *Helping skills: Facilitating exploration, insight, and action*. Washington, DC: American Psychological Association.
- Holton, S. (1995). (Ed.), *Conflict management in higher education* (New Directions for Higher Education, No. 92). San Francisco: Jossey Bass.
- Ivey, A.E., Ivey, M.D., & Simek-Morgan, L. (1993). *Counseling and psychotherapy: A multicultural perspective* (3rd ed.). Needham Heights, MA: Allyn & Bacon.
- Jenkins, Y. M. (1999). (Ed.), *Diversity in college settings: Directives for helping professionals*. New York: Routledge.
- Kadison, R., & DiGeronimo, T. F. (2004). *College of the overwhelmed: The campus mental health crisis and what to do about it.* San Francisco: Jossey Bass.
- Kitzrow, M. A. (2003). The mental health needs of today's college students: Challenges and recommendations. *NASPA Journal*, *41*, 167-181.

- Lovell, C., & Kosten, L. (2000). Skills, knowledge, and personal traits necessary for success as a student affairs administrator: A meta-analysis of thirty years of research. *NASPA Journal*, *37*, 553-572.
- Meier, S.T., & Davis, S.R. (2005). *The elements of counseling* (5th ed.). Belmont, CA: Brooks/Cole.
- Okun, B. F. (2002). *Effective helping: Interviewing and counseling techniques* (6th ed.). Pacific Grove, CA: Brooks/Cole.
- Pruett, H. L., & Brown, V. (1990). (Eds.), *Crisis intervention and prevention*. (New Directions for Student Services, No. 49). San Francisco: Jossey Bass.
- Reynolds, A. L. (in press). College student concerns: Perceptions of student affairs practitioners. *Journal of College Student Development*.
- Reynolds, A. L. (2011). Helping competencies of student affairs professionals: A Delphi study. *Journal of College Student Development*, *52*, 362-369.
- Reynolds, A. L. (2011). Counseling and helping skills. In J. Schuh, S. Jones, & S. Harper (Eds.), Student Services: A handbook for the profession (5th ed.) (pp. 399-412). San Francisco: Jossey-Bass.
- Reynolds, A. L. (2008). *Helping college students: Developing essential support skills for student affairs practice*. San Francisco: Jossey-Bass.
- Soet, J., & Sevig, T. (2006). Mental health issues facing a diverse sample of college students: Results from the College Student Mental Health Survey. *NASPA Journal*, *43*, 410-431.
- Stock-Ward, S. R., & Javorek, M. E. (2003). Applying theory to practice: Supervision in student affairs. *NASPA Journal*, 40, 77-92.
- Waple, J. N. (2006). An assessment of skills and competencies necessary for entry-level student affairs work. *NASPA Journal*, 43, 1-18.
- Warters, W. C. (2000). *Mediation in the campus community: Designing and managing effective programs*. San Francisco: Jossey Bass.
- Williams, L. B. (2005, March/April). My medicated students: I'm not that kind of doctor. *About Campus*, *10*, 27-29.
- Winek, J. L., & Jones, D. L. (1996). Balancing legal and ethical issues in college and university counseling. *College Student Affairs Journal*, *15*, 64-73.
- Winston, R. B. (2003). Counseling and helping skills. In S. R. Komives & D. B. Woodard (Eds.), *Student services: A handbook for the profession* (4th ed.) (pp. 84-506). San Francisco: Jossey-Bass.